

Corporate Medical Policy

Abdominoplasty, Panniculectomy and Lipectomy

File Name:	abdominoplasty_panniculectomy_and_lipectomy
Origination:	8/2012
Last CAP Review:	8/2018
Next CAP Review:	8/2019
Last Review:	8/2018

Description of Procedure or Service

Abdominoplasty typically performed for cosmetic purposes, involves the removal of excess skin and fat from the pubis to the umbilicus or above, and may include tightening of the rectus muscle and creation or transposition of the umbilicus.

Panniculectomy is a surgical procedure used to remove a panniculus, which is an apron of fat and skin that hangs from the front of the abdomen. In certain circumstances, the panniculus can be associated with skin irritation and infection due to interference with proper hygiene and constant skin-on-skin contact in the folds underneath the panniculus. The presence of a panniculus may also interfere with daily activities. There are similarities between an abdominoplasty and a panniculectomy as both procedures remove varying amounts of abdominal wall skin and fat.

Lipectomy is defined as an excision of a mass of subcutaneous adipose tissue and can be performed on various parts of the body. Lipectomy may also be referred to as belt lipectomy, brachioplasty, buttock or thigh lift and body lift.

******Note: This Medical Policy is complex and technical. For questions concerning the technical language and/or specific clinical indications for its use, please consult your physician.***

Policy

Abdominoplasty and Lipectomy are considered cosmetic and not medically necessary for all applications. BCBSNC does not provide coverage for not medically necessary services or procedures.

BCBSNC will provide coverage for Panniculectomy when it is determined to be medically necessary because the medical criteria and guidelines shown below are met.

Benefits Application

This medical policy relates only to the services or supplies described herein. Please refer to the Member's Benefit Booklet for availability of benefits. Member's benefits may vary according to benefit design; therefore member benefit language should be reviewed before applying the terms of this medical policy.

When Abdominoplasty, Panniculectomy and Lipectomy is covered

A panniculectomy may be considered reconstructive when **all** of the following criteria are met:

1. The pannus hangs at or below the level of the pubic symphysis; **AND**

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2. There has been a significant weight loss (usually >100lbs); **AND**
 - a. if the weight loss was accomplished without bariatric surgery, the member must have maintained a stable weight for a minimum of 6 months and have a BMI of <35, or
 - b. if the weight loss is a result of bariatric surgery, a panniculectomy should not be performed until at least 18 months after surgery and only after weight has been stable for the most recent 6 months, and the member has a BMI of <35, **AND**
3. The pannus causes bacterial cellulitis that :
 - a. failed to respond or recurred after at least two courses of antibiotic treatment (oral or parenteral); **AND**
 - b. is unresponsive to conservative treatment including adequate hygiene and topical anti-infective medications; **AND**
 - c. results in fibrosis and thickening of the pannus with discoloration and/or lymphedema or peau d'orange effect (pitting or prominence of pores due to fibrosis and swelling) of the overlying skin.

When Abdominoplasty, Panniculectomy and Lipectomy is not covered

Abdominoplasty is considered cosmetic and therefore not medically necessary.

Lipectomy/Liposuction is considered cosmetic and therefore not medically necessary for all indications.

Panniculectomy is considered not medically necessary unless the clinical criteria above are met.

Panniculectomy or abdominoplasty, with or without diastasis recti repair, for the treatment of back pain is considered not medically necessary.

Repair of diastasis recti is considered not medically necessary for all indications.

Policy Guidelines

Please note: BCBSNC does not cover cosmetic or not medically necessary services and will not reimburse for any services, procedures, drugs or supplies associated with those cosmetic or not medically necessary services.

The majority of requests for coverage for panniculectomy are for patients who have sustained significant weight loss, or who remain morbidly obese. Because surgical outcomes are superior when performed in patients who have achieved stable weight loss, BCBSNC requires that stable weight loss with BMI less than 35 be obtained prior to authorization of coverage for panniculectomy surgery, except in rare, unusual cases.

If documentation is requested, it should include the following:

1. Medical records indicating that the procedure will be or was performed to correct deformity resulting from accidental injury, trauma, or previous therapeutic process. In the absence of this documentation, the surgery or procedure must be considered cosmetic.
2. Photographs
3. Copies of consultations
4. Operative reports
5. Any other pertinent information

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Billing/Coding/Physician Documentation Information

This policy may apply to the following codes. Inclusion of a code in this section does not guarantee that it will be reimbursed. For further information on reimbursement guidelines, please see Administrative Policies on the Blue Cross Blue Shield of North Carolina web site at www.bcbsnc.com. They are listed in the Category Search on the Medical Policy search page.

Applicable service codes: 15830, 15832, 15833, 15834, 15835, 15836, 15837, 15838, 15839, 15847, 15876, 15877, 15878, 15879

BCBSNC may request medical records for determination of medical necessity. When medical records are requested, letters of support and/or explanation are often useful, but are not sufficient documentation unless all specific information needed to make a medical necessity determination is included.

Scientific Background and Reference Sources

American Society of Plastic Surgeons (ASPS). Practice Parameter for Surgical Treatment of Skin Redundancy Following Massive Weight Loss. January, 2007.

<http://www.plasticsurgery.org/Documents/medical-professionals/health-policy/evidence-practice/Surgical-Treatment-of-Skin-Redundancy-Following-Massive-Weight-Loss.pdf>

American Society of Plastic Surgeons (ASPS). Practice Parameter for Abdominoplasty and Panniculectomy Unrelated to Obesity or Massive Weight Loss. January, 2007. from

<http://www.plasticsurgery.org/Documents/medical-professionals/health-policy/evidence-practice/AbdominoplastyAndPanniculectomy.pdf>

Medical Director review 8/2012

Specialty Matched Consultant Advisory Panel review 9-2012

American Society of Plastic Surgeons (ASPS). ASPS Recommended Insurance Coverage Criteria for Third-Party Payers. Surgical Treatment of Skin Redundancy Following Massive Weight Loss. 2006 Jul. Last updated 2007. Retrieved from <http://www.plasticsurgery.org/Documents/medical-professionals/health-policy/insurance/Surgical-Treatment-of-Skin-Redundancy-Following.pdf>

Specialty Matched Consultant Advisory Panel review 9-2013

Medical Director review 9/2013

Specialty Matched Consultant Advisory Panel review 9-2014

Medical Director review 9/2014

Policy Implementation/Update Information

10/16/12 New policy developed. Abdominoplasty and Lipectomy are considered cosmetic and not medically necessary for all applications. BCBSNC does not provide coverage for not medically necessary services or procedures. BCBSNC will provide coverage for Panniculectomy when it is determined to be medically necessary because the medical criteria and guidelines are met. Medical Director review 8/2012. Specialty Matched Consultant Advisory Panel review 9/2012. (mco)

10/15/13 Specialty Matched Consultant Advisory Panel review 9/2013. Medical Director review 9/2013. References updated. Revised statement 3C under "When Covered" to remove the 6

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month time requirement for development of fibrosis and thickening of the pannus with discoloration and/or lymphedema or peau d'orange effect. (mco)

- 10/14/14 Specialty Matched Consultant Advisory Panel review 9/2014. Medical Director review 9/2014. (mco) (td)
- 10/30/15 Specialty Matched Consultant Advisory Panel review 9/30/2015. Medical Director review 9/2015. (td)
- 11/22/16 Specialty Matched Consultant Advisory Panel review 9/28/2016. No change to policy statement. (an)
- 7/28/17 Added codes 15876, 15877, 15878, 15879 to Billing/Coding section. (an)
- 9/15/17 Specialty Matched Consultant Advisory Panel review 8/30/2017. No change to policy statement. (an)
- 9/7/18 Specialty Matched Consultant Advisory Panel review 8/22/2018. No change to policy statement. (an)

Medical policy is not an authorization, certification, explanation of benefits or a contract. Benefits and eligibility are determined before medical guidelines and payment guidelines are applied. Benefits are determined by the group contract and subscriber certificate that is in effect at the time services are rendered. This document is solely provided for informational purposes only and is based on research of current medical literature and review of common medical practices in the treatment and diagnosis of disease. Medical practices and knowledge are constantly changing and BCBSNC reserves the right to review and revise its medical policies periodically.