

Greater support for better health

Any illness can be difficult, but managing a chronic condition can seem like an uphill battle. The truth? Having a chronic illness doesn't need to keep you from living a full, active life.

Healthy Outcomes Condition Care is designed to give you the support and information you need to improve your quality of life. It's personal. It's private. And it's available at no additional cost if you have any of these chronic conditions:

- + Asthma
- + Coronary Artery Disease
- + Heart Failure
- + Diabetes
- + Chronic Obstructive Pulmonary Disease

Here's what you can expect:

Condition Care offers a wealth of information that can help you:

- + Learn to recognize your symptoms and lessen their effects
- + Understand which treatments and medications work best for you
- + Live healthier and feel your best, every day

Whether or not you want to participate is completely up to you. Your privacy is important to us; your personal and health information is strictly protected.

ENROLL
NOW

To enroll in Healthy Outcomes Condition Care or learn more, call **1-800-260-0091** or log in or register at mybcbsnc.com and click on the "Wellness" tab.

BCBSNC offers Healthy Outcomes programs as a convenience to aid members in improving their health; results are not guaranteed. BCBSNC contracts with Alere Health Improvement Company, an independent third party vendor, for the provision of certain aspects of Healthy Outcomes programs and is not liable in any way for goods or services received from Alere. BCBSNC reserves the right to discontinue or change Healthy Outcomes programs at any time. The programs are educational in nature, and are intended to help members make informed decisions about their health, and to help members comply with their doctor's plan of care. Decisions regarding care should be made with the advice of a doctor.

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