



Acupuncture Services for Blue Medicare Advantage Members (HMO and PPO)

Last updated March 2022

Under updated legislation (see below), Blue Cross and Blue Shield of North Carolina (Blue Cross NC) will cover acupuncture services for chronic low back pain (CLBP) for our Medicare Advantage members. We will cover up to 12 visits in 90 days for Medicare members.

Chronic low back pain is defined as:

- Lasting 12 weeks or longer
- Has no identifiable system cause (i.e. not associated with metastatic, inflammatory, infectious, etc. disease)
- Not associated with surgery
- Not associated with pregnancy

An additional eight sessions are covered for patients showing improvement. However, no more than 20 acupuncture treatments will be covered annually. Treatment must be stopped if the patient is not improving or is regressing.

Legislation:

Legislative changes in the Social Security Act now allow coverage for acupuncture services for Medicare Advantage members when specific clinical and professional criteria are met. Blue Cross NC now covers acupuncture for CLBA under section 1862(a)(1)(A) of the Social Security Act.

Providers Offering Acupuncture Services

Blue Cross NC does not credential or contract directly with acupuncture providers. But we are asking participating Medicare Advantage providers to report their ability to offer acupuncture services. The following providers have noted that they may offer acupuncture services. The services still need to meet the criteria outlined above to be covered.

We try to provide you with the most up-to-date and accurate provider lists. However, providers are added to our network often and sometimes leave our network. We can't guarantee this list will be accurate when you search. Please reach out to each provider before scheduling an appointment to check that they still offer acupuncture services.

Providers listed are contracted with both HMO and PPO products for Medicare Advantage.

Practice Name	Phone Number	Address	City	State	ZIP Code
Carolina Neurosurgery & Spine Associates	800-344-6716	225 Baldwin Ave.	Charlotte	NC	28204

Urgent Care Clemmons	336-713-0400	2311 Lewisville- Clemmons Rd.	Clemmons	NC	27103
NorthEast Internal & Integrative Medicine	704-403-7050	707 Memorial Blvd.	Concord	NC	28025
Duke Private Diagnostic Clinic	919-620-5168	40 Duke Medicine Circle	Durham	NC	27710
A Woman's Place in Fayetteville	910-484-9020	2053 Valley Gate Dr. Suite 201	Fayetteville	NC	28304
Valley Physical Medicine	910-867-5500	3706 Morganton Rd.	Fayetteville	NC	28303
Guilford Orthopaedic	336-275-3325	1915 Lendew Street	Greensboro	NC	27408
Delina H Bishop, MD	704-664-1275	478 Williamson Rd.	Mooresville	NC	28117
Rex Neurosurgery and Spine Center	919-784-1410	4207 Lake Boone Trail	Raleigh	NC	27607
EmergeOrtho PA	800-359-3053	Multiple Locations			