

| Activity   | Description  |
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| Information Booths   | A Group Consultant will address any health benefit education questions from members.   |
| Group Meetings   | A Group Consultant addresses a group of members to give a general overview of the Federal Employees Health Benefits (FEHB) Program or benefits.  |
| New Employee Orientation   | Newly hired employees have unique concerns; this session will address them.  |
| Pre-retirement Orientation                                       | Get armed with all the necessary information about retirement as a federal employee. This is for employees planning for retirement and close to retirement.  |
| Health Education Meetings  | If you want information about health issues or health engagement, this meeting is for you. Session options include, but are not limited to, fitness fairs, nutrition, stress management, and hypertension. |
| Service Call   | Short visit to maintain contact, answer any questions, and ensure that agencies have ample supplies.   |
| Open Season Meetings (occur late October through early December) | Health benefit fairs, flu shots and group meetings related to benefit updates.   |