

# IMMEDIATE CARE?

## Know where to go.



### When you need care fast, remember: You've got options.

- + **24/7 Nurse Line** – General questions about health issues or where to go for care: **1-888-258-3432** or [fepblue.org/myblue](https://www.fepblue.org/myblue).
- + **Telehealth Services** – Treatment recommendations for minor illnesses and injuries: **1-855-636-1579** or [fepblue.org/telehealth](https://www.fepblue.org/telehealth).
- + **Primary Care Doctor** – Health screenings, vaccinations, minor illness or injury: Make an appointment or walk in.
- + **Retail Clinic** – Health screenings, vaccinations, minor illness or injury: Make an appointment or walk in.
- + **Urgent Care Center** – Non-life-threatening illness or injury requiring immediate care: Make an appointment or walk in (generally shorter wait times than an ER).
- + **Emergency Room** – If you're suffering severe symptoms or your life or health is at serious risk, it's an emergency. You should go to the nearest emergency room as quickly as possible. Open 24/7.

The information in this poster does not replace the advice of a healthcare provider. You should speak to your provider about any specific health concerns.

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Snap a photo for future reference.



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