Q: Why should I get a flu shot?
A: Getting a flu shot every year is the best way to protect yourself and others from the flu. The flu usually makes people very sick for several days and is the reason more than 300,000 people are hospitalized each year.

Q: Will I get the flu from the flu shot?
A: No. The flu shot cannot give you the flu.

Q: Do I need a flu shot every year?
A: Yes. Each year the shot is used to fight the most current flu. And get the shot as early as you can; generally it’s available beginning in September.

Q: Can I still get the flu after I get the flu shot?
A: Yes. The flu shot doesn’t work 100 percent of the time. Still, it’s the best way avoid the flu.

Q: What are the side effects of getting a flu shot?
A: Almost all people who get the flu shot have no problems with it. Some people may have soreness, redness or swelling where the shot was given, a low-grade fever or aches. Anyone who is allergic to chicken eggs should not get the flu shot.

Q: Who should get a flu shot?
A: Everyone 6 months of age and older should get a flu shot, especially people who may be at a higher risk, such as children younger than 5 years old (especially children under 2) and adults 65 and up.