

Behavioral Health Provider Name	Referral Website	Referral Phone Number	Referral Email Address	Blue Cross NC Populations Served
A Brighter Future Healthcare Inc	www.abrighterfutureinc.com	(910) 321-6006	corporate@abrighterfutureinc.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+) Adults and
A Moment's Reflection	www.amomentsreflection.net	(919) 602-8572	epolomik@amomentsreflection.net	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children
Abdo Counseling and Consulting, PLLC	abdocounseling.com	(980) 224-6612	abdocounseling@gmail.com	Commercial Plan (PPO), Medicare Advantage, Federal Employee Program, Adults only (18+)
Achievement Counseling	www.achievementcounseling.com	(919) 793-4100	abcolodny@gmail.com	Adults only (18+), Adults and children
Adams Counseling Service PLLC	www.adamscounselingandconsulting.com	(980) 875-8332	adamscounselingservicepllc7200@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children
Agape Counseling Associates, Inc.	www.agape-counseling.org	(910) 251-7789	info@agape-counseling.org	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

<p>Agape Recovery Center, PLLC</p>		<p>(919) 675-3547</p>	<p>angie.matthews@agaperecoverycenter.org</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Alchemy Center for Healing Therapies</p>	<p>https://www.psychologytoday.com/us/therapists/kristen-skulicz-boone-nc/402128</p>	<p>(716) 444-7331</p>	<p>kristens42@msn.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+)</p>
<p>Align Counseling & Coaching, PLLC</p>	<p>www.aligncounselingandcoaching.com</p>	<p>(828) 585-4066</p>	<p>shannontaborcounseling@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+)</p>
<p>All of You: Mind Body Spirit Counseling</p>	<p>allofyoumbs.com</p>	<p>(919) 333-4465</p>		<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>

Alliance CBS, Inc.		(828) 883-9676		Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Allison A. Brodeur, MS, LMFT, PLLC	allisonbrodeur.com	(252) 917-1559	allisonbrodeur11@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Amanda Furman Counseling	amandafurmancounseling.com	(919) 446-4963	amanda@amandafurmancounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children
Amberly Dyer, LCSW/Silver Moon Reflections	www.silvermoonreflections.com	(252) 995-2478		Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Amy Markin, LCSW		(919) 590-9223	amarkincounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Anchor Psychological & Counseling Services, PLLC	anchorpsychological.com	(910) 270-9995	officemanager@anchorpsychological.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Andrea Morris Counseling Service		(252) 340-0009	andrea@andreamorriscounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Andrea Wilhelm	www.awilhelmtherapy.com	(828) 808-1089	andrea.larrick@gmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Andrew Riehl, PC	www.horizonwellnessservices.com	(910) 769-9691, ext 302	drew@horizonwellnessservices.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Anew Vision Counseling Services PLLC		(980) 299-1277	anewvisioncounselingservices@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Angela Bowers		(919) 559-3740	angelabowerslpc@gmail.com	State Health Plan, Adults and children
Animal Assisted Therapy of the Triangle	animalassistedtherapyofthetriangle.com	(919) 243-1505	mrandone@animalassistedtherapyofthetriangle.com	Commercial Plan (PPO), State Health Plan, Adults and children

Ann Simon Koppelman, Psy.D		(919) 259-9315	askoppelman@yellowsprings.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Anna-Kate Miller LCSW, PLCC	https://birchspringscounseling.clientsecure.me	(404) 664-5110	annakatemillerlcsw@gmail.com	Adults only (18+)
Anne Webb	https://www.psychologytoday.com/us/therapists/anne-webb-asheville-nc/82169	(828) 551-2098	anne.webblpc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Another Level Counseling and Consultation	www.anotherlevelcounseling.com	(704) 548-5298	srichardson@anotherlevelcounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Art of Care Counseling	artofcarecounseling.com	(980) 552-1383	corporate@artofcarecounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Art Therapy Institute	ncati.org	(919) 381-6068	info@ncati.org	Commercial Plan (PPO), State Health Plan, Adults and children
Ashes to Beauty Counseling	www.ahestobeautycounseling.com	(919) 756-5910	shelia@ahestobeautycounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Asheville Holistic Counseling PLLC	www.AVLHolisticCounseling.com	(828) 712-2061	Rachaelsmorgan@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

<p>Asheville Mind & Body</p>	<p>www.avlmindbody.com</p>	<p>(828) 552-4780</p>	<p>kat@avlmindbody.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Ashley Lasher, LCSW, PLLC</p>	<p>www.ashleylasherlcsw.com</p>	<p>(919) 527-3967</p>	<p>ashley@ashleylasherlcsw.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Aspire Counseling Group</p>	<p>www.aspiregroupnc.com</p>	<p>(919) 229-9834</p>	<p>info@aspiregroupnc.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>At-Home Counseling Services, Inc.</p>		<p>(252) 477-0008</p>	<p>athomecounseling@nc.rr.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>

Atlantic Consulting and Therapy Specialists	https://www.atlanticconsultingandtherapyspecialists.com/	(252) 565-8836	2019ACTS@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
aTurlington Counseling	www.aturlingtoncounseling.com	(937) 902-5368	amanda@aturlingtoncounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Authentic Transitions Counseling and Coaching PLLC	www.authentictransitions.com	(828) 919-9949	admin@authentictransitions.com	Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children
Awakening Wellness Professional Corporation	www.awakeningwellnesspc.com	(910) 470-2387	marion@awakeningwellnesspc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

<p>Azevedo Family Psychology</p>	<p>www.azevedofamilypsychology.com</p>	<p>(919) 624-9568</p>	<p>kimberly@afpsych.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults and children</p>
<p>Bailey MacLeod</p>	<p>bpmcounseling.com</p>	<p>(980) 272-1498</p>	<p>bailey@bpmcounseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Balance Integrative Care</p>	<p>www.balanceintegrativecare.com</p>	<p>(910) 232-5778</p>	<p>sarah@balanceintegrativecare.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>
<p>Balanced Mind Psychological Services</p>	<p>www.balancedmindpsych.com</p>	<p>(980) 221-2113</p>	<p>dr.atkinson@balancedmindpsych.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>

<p>Barbara Ann Caudill, MSSW, LCSW</p>	<p>Barbaraanncaudill.com</p>	<p>(919) 265-9711</p>	<p>barbara.caudill07@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+)</p>
<p>Barbra Rogoff, LCSW</p>	<p>https://www.brogofflcs.com</p>	<p>(919) 201-3498</p>	<p>barbra@brogofflcs.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>
<p>Barry K. Selman, LCSW</p>	<p>www.barryselman.com</p>	<p>(919) 824-8880</p>	<p>barrykselman@icloud.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>

Bathory International	BathoryInternationalPLC.com	(908) 444-1524	Bathoryint@live.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Be Well Oak City, PLLC	bewelloakcity.com	(919) 656-0604	bewelloakcity@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Behavioral Healthcare Associates	https://behavioralhealthcareassociates.org/about-us/michelle-moseley/	(919) 292-1464	info@dbabha.org	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Betsy Pedersen, PhD	https://www.psychologytoday.com/us/therapists/betsy-pedersen-phd-pc-durham-nc/97063	(919) 419-3110, ext. 113	betsyunc@gmail.com	Commercial Plan (PPO), Federal Employee Program, Adults only (18+)

Better Days and Nights	http://www.betterdaysandnights.com	(828) 333-4170	stephaniep@betterdaysandnights.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Better Life Counseling and Wellness	https://www.psychologytoday.com/us/therapists/valerie-levine-hendersonville-nc/38411	(828) 698-2727	betterlife@bellsouth.net	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Bevelry N Jones III MD PA		(336) 659-8817	bnjbilling2@bellsouth.net	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Blake Jones		(919) 271-2462	bj2761@gmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

Blue Ridge Behavior Systems, Inc		(704) 540-4291	metyson@carolina.rr.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Body, Soul, Spirit	www.bodysoulspiritashville.com	(828) 552-4561	modlpc@hotmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Boldt Counseling	www.bethboldtlcsw.com	(919) 608-0701	bethboldtlcsw@gmail.com	State Health Plan, Adults only (18+)
Breathe Wellness Counseling	www.breathewellnesscounseling.com	(828) 610-5118	adminstaff@breathewellnesscounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program
Bridgepath, Inc.	www.bridgepathinc.com	(704) 577-5862	bridgepathinc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Bridges Family Life Center, PLLC	www.bridgesflc.com	(919) 813-0352	better@bridgesflc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Bridget Atchley, M.Ed., NCC, LPC/LCMHC		(910) 457-5940	BridgetAtchley@counselingsecure.com	Commercial Plan (PPO), Medicare Advantage, Federal Employee Program, Adults only (18+)
Brooklyn Hill Psychotherapy		(919) 302-2180	brooklynhilltherapy@gmail.com	Adults only (18+)
Building Endurance PLLC	www.buildingendurancepllc.com	(980) 288-5486	alicia.tetteh@buildingendurance.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Bull City Counseling, PLLC	www.bullcitycounseling.com	(919) 213-0225	admin@bullcitycounseling.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

Butterfly Effects Counseling	www.butterflyeffectscounseling.com	(828) 676-8822	denise@butterflyeffectscounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Byrd Counseling & Consulting, PLLC	https://www.byrdcc1.com	(704) 621-4308	katrice@bcc1.org	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Cageless Psychological Services	www.cagelesspsych.com	(910) 623-0605	jody@cagelesspsych.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
CapeFear Psychological Services	https://www.capefearpsychologicalservices.com/	(910) 763-8134	CFPPS1121@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

<p>Cara Jones Counseling, PLLC</p>	<p>www.carajonescounseling.com</p>	<p>(919) 680-1866</p>	<p>hello@carajonescounseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Carmen Hinds</p>	<p>www.hindscounseling.com</p>	<p>(704) 728-5955</p>	<p>carmenihinds@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children</p>
<p>Carol Greenberger, MA, LCMHC</p>	<p>http://cgreenbergertherapist.com/</p>	<p>(828) 776-9001</p>	<p>cpgreenberger@gmail.com</p>	<p>Commercial Plan (PPO), Federal Employee Program, Adults and children</p>
<p>Carol Walsh, LCSW</p>	<p>https://www.psychologytoday.com/us/therapists/carol-walsh-winston-salem-nc/63152</p>	<p>(336) 659-3923</p>	<p>cwalsh201@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>

Carolina Behavioral Care	www.carolinabehavioralcare.com	(844) 534-7208	bpetitt@carolinabehavioralcare.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Carolina Counseling and Consulting Services	www.CarolinaCCS.com	(704) 266-4208, ext 0	lisa@CarolinaCCS.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children
Carolina Counseling Services	CarolinaCounselingServices.com	(910) 485-6336	Newclient@ccs.hush.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Carolina Outreach	www.CarolinaOutreach.com	(844) 866-1166	Referrals@CarolinaOutreach.com	Commercial Plan (PPO), Adults and children

<p>Carolina Psychological Associates, P.A.</p>	<p>www.carolinapsychological.com</p>	<p>(336) 272-0855</p>		<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>
<p>Carolina Sexual Wellness Center</p>	<p>www.carolinaswc.org</p>	<p>(919) 297-8322</p>		<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children</p>
<p>Carolina's Professional Counseling & Consulting, PLLC</p>	<p>www.carolinasprofessionalcounseling.com</p>	<p>(704) 497-1633</p>	<p>shellysanders@carolinasprofessionalcounseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>

Carolinas Counseling Group	www.carolinascounseling.info	(704) 752-8414	admin@carolinascounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Caroline Biber, LCSW	Carolinebiber.com	(704) 654-5291	caroline@carolinebiber.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Catawba Counseling Associates, PLLC	www.catawbacounseling.com	(704) 829-2005	vgranthammsw@catawbacounseling.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Catherine A Jourdan, LPC, PLLC		(336) 777-1444	catjour3131@me.com	State Health Plan, Federal Employee Program, Adults only (18+)
Cathy Hedgepeth	https://www.psychologytoday.com/us/therapists/cathy-c-hedgepeth-raleigh-nc/69446	(919) 800-1959	cathyhedgepeth@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children

<p>CBT Counseling Centers</p>	<p>www.cbtcounselingcenters.com</p>	<p>(828) 350-1177</p>	<p>admin@behaviortherapist.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults and children</p>
<p>Center for Health Solutions, PLLC</p>	<p>www.gaillisson.co</p>	<p>(252) 206-6930</p>	<p>drgaillisson@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>
<p>Charis Counseling Center</p>	<p>https://www.psychologytoday.com/us/therapists/kim-kelley-longbottom-wilmington-nc/178373</p>	<p>(910) 791-5171</p>	<p>max8058@yahoo.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>

Charlotte Therapy Associates	www.charlottetherapyassociates.com	(704) 705-4550	ashleigh.bryan@live.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Charlotte Wellness Collaborative	www.charlottewell.com	(704) 665-7240	jennifer.kolb@charlottewell.com	Commercial Plan (PPO), Adults only (18+)
Child & Family Development	https://www.childandfamilydevelopment.com/	(704) 332-4834	referrals@childandfamilydevelopment.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Children only
Choice Life Counseling Services	chooselifenc.com	(336) 926-2293	johnp@chooselifenc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

<p>Choices In Wellness LLC</p>	<p>www.choicesinwellness.com</p>	<p>(919) 641-2377</p>	<p>info@choicesinwellness.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Christ Centered Community Counseling, PLLC</p>	<p>C4counseling.com</p>	<p>(704) 537-7775</p>	<p>jb@c4pllc.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children, Children only</p>
<p>Christopher McGinn, MA, LCMHC</p>	<p>www.christophermcginn.com</p>	<p>(910) 477-7989</p>	<p>chris@christophermcginn.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children, Children only</p>

Christopher Roberts, LCAS, LCSW	https://www.coastalcoounselingmanteo.com/	(252) 473-4727	Coastalcounseling@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Chronic Hope Counseling	www.chronichopecounseling.com	(919) 238-1113	jennifer.sutton@chronichopecounseling.com	State Health Plan, Adults and children
Chrysalis Development Solutions	Tamarahaynes.tribesites.com	(980) 395-0044	tjhaynes@chrysalisds.com	Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children
Coastal Counseling	https://www.coastalcoounselingmanteo.com/	(252) 473-4727	Coastalcounseling@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Cohesive Counseling Services		(704) 951-4053	counselorcrews@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
CommWell Health	Www.commwelhealth.org	(910) 567-6194	chawley@commwellhealth.org	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults and children
Compass Family Therapy	www.compassfamilytherapy.net	(973) 868-0586	deniserothmanlpc@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Connect Center for Wellness, PLLC	www.connectforwellness.com	(919) 908-9308	scheduling@connectforwellness.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Connect Counseling		(828) 400- 1933	connectcounselingwnc@g mail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Conny Wulff MSW LCSW PLLC		(336) 485- 8215	Cwulff.lcsw@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Corban Counseling	www.corbancounseling .com	(704) 562- 7919	marybeth.cherry04@gmail. com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Counsel for The Culture, PLLC	www.counselforthecult ure.com	(980) 349- 5950		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)

Counseling & Neurofeedback Ctr.		(910) 399-4538	bertrandanne@netscape.net	State Health Plan, Medicare Advantage, Adults and children
Counseling Services at Steele Creek, PLLC	https://www.psychologytoday.com/us/therapists/counseling-services-at-steele-creek-llc-charlotte-nc/145621	(803) 207-5772	hollyl.horn@counselinghollyhorn.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Counseling, Tea and Therapy PLLC	counselingteaandtherapypllc.com	(252) 360-0514	ctandt2018@gmail.com	State Health Plan, Federal Employee Program, Adults and children
Courtney M Ycaza, LCAS, CCS, LCMHCS, PLLC	www.courtneyycaza.com	(980) 613-2060	courtney.ycaza@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Creasman Counseling	www.creasman-counseling.com	(919) 977-0087	whittney@creasman-counseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Create Your Calm, PLLC	www.createyourcalm.com	(704) 879-5483	aimee@createyourcalm.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Cross Creek Counseling of Charlotte		(704) 582-1124	crosscreeknc@att.net	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults only (18+)
Crossroads Counseling, P.C.		(910) 350-1181	karen.1203@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Crossroads Therapy LLC	www.crossroadstherapy.com	(704) 325-5850	crossroadstherapy@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
D. Cooksy, LCSW PA	cooksy.com	(919) 413-6639	douglas@cooksy.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Darnita D. Samuels MSA MA LMFT	www.darnitasamuels.com	(919) 807-1692	darnitasamuelsmft@outlook.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
David L Crenshaw	https://www.psychologytoday.com/us/therapists/david-lee-crenshaw-wilmington-nc/281260	(910) 827-2445	dhcrenshaw@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Davidson Behavioral Health & Psychotherapy, PLLC	https://www.davidsonbehavioralhealth.com	(336) 442-3271	drheatherdancy@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Davis Psychological Services, Inc.	N/A	(919) 361-2029	Perriannedavis13@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Day 7 Counseling	day7counseling.net	(919) 578-3297	cherylann.day7@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Deborah Logan MS MFT Counseling	www.debbieloganmft.com	(704) 677-4135	debbie@debbieloganmft.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

Deborah Rees, LMFT	www.anniversarykeeper.com	(704) 402-0319	drees.counseling@yahoo.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Debra Hooker, MEd, LCMHC, NCC			debhooker@debhookercounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Debra Marcus, Psy.D.		(704) 752-7522	drdebmarcus@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
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Delta Behavioral Health	http://www.deltadbt.com/	(910) 343-6890	eric.guendner.deltadbt@gmail.com	Adults only (18+)
Denise E. Saunders, Ph.D.	denisesaundersphd.com	(919) 929-0032	desaunders5@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Dr. Heather Therapy, PLLC	www.DrHeatherTherapy.com	(919) 228-9227	heather@drheathertherapy.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Children only
Eagle's Wings Counseling Center	eagleswingscounselingcenter.weebly.com	(252) 631-6322	eagleswingscounseling2018@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Eastover Psychological & Psychiatric Group	www.eastoverpsych.com	(704) 362-2663	jpope@eastpsych.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Eilenberger Counseling Center	https://www.psychologytoday.com/us/therapists/jill-eilenberger-charlotte-nc/70535	(704) 591-0648	jilleilenberger72@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
El Rophe Center	http://elrophe.org/	(704) 843-4818	elrophe@aol.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program
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Emily Robbins, MSW LCSW PLLC	https://www.blakeney-psychotherapy.com/	(860) 462-3407	erobbinstherapy@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Emotivate Counseling, PLLC	www.emotivatecounseling.com	(984) 212-6909	emotivatecounseling@gmail.com	Commercial Plan (PPO), Adults only (18+)

<p>Empowered2 Shift Counseling and Coaching Services</p>	<p>www.empowered2shift.com</p>	<p>(910) 408-2009</p>	<p>admin@empowered2shift.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children</p>
<p>Envision Behavioral Health PLLC</p>	<p>envisionbehavioralhealth.com</p>	<p>(336) 223-8220</p>		<p>Commercial Plan (PPO), State Health Plan, Adults only (18+)</p>
<p>Evaluation & Education Services LLC</p>	<p>www.eeservices.biz</p>	<p>(336) 660-4900</p>	<p>karen.arthur@eeservices.biz</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Evolution Wellness</p>	<p>evolutionwilmington.com</p>	<p>(910) 202-4326</p>	<p>support@evolutionwilmington.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults and children</p>

Exceptional Thinking Counseling & Wellness		(910) 333-5956	ADurham@exceptionalthinkingcounseling.com	Commercial Plan (PPO), State Health Plan, Adults and children
Family Solutions and Wellness Center	raleighfamilysolutions.com	(919) 909-1230	info@raleighfamilysolutions.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Fayetteville Neuropsychology	https://www.fayneuropsychology.com/	(910) 677-0000	fayneuropsychology@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children
Fields Family Psychiatry, PLLC	www.fieldsfamilypsychiatry.com	(919) 551-5800	contact@fieldspsychiatry.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Fishback Psychological Services, PC		(704) 467-6603	fishbackpsychservices@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Flora Dunbar Accessible Therapy		(704) 282-1989		Commercial Plan (PPO), State Health Plan, Adults only (18+)
Ford & Ford Counseling and Consulting, PLLC		(704) 525-5850	hford@fordandfordcounseling.com	Commercial Plan (PPO), Federal Employee Program, Adults only (18+)
Freedom Counseling Services	www.counselingnorthcarolina.com	(704) 796-1918	jennifer@counselingnorthcarolina.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Freedom House Recovery Center		(866) 275-9552		Commercial Plan (PPO), Adults only (18+)

Gannon Clinical Services PLLC	www.mariegannontherapy.net	(828) 712-8526	hello@mariegannontherapy.net	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Garrett Counseling Services	Garrettcounselingservices.com	(803) 367-1382	meghanngarrett@hotmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children, Children only
Get Your Head Straight Psychotherapy, PLLC	https://tinyurl.com/JasonWesson	(919) 270-1782	jasonwessonlcsw@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Gillian Corzine, MS. NCMFT	www.gilliancorzine.com	(919) 444-4372	gillian.corzine@gmail.com	State Health Plan, Adults only (18+)

<p>Good Stress Company, LLC</p>	<p>www.thegoodstresscompany.com</p>	<p>(980) 242-7090</p>	<p>info@thegoodstresscompany.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>
<p>Greater Visions Behavioral Health</p>		<p>(252) 499-9637</p>		<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Greater Works</p>	<p>greaterworksnc.com</p>	<p>(919) 584-5079</p>	<p>sharon@greaterworksnc.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Greene Psychology Group</p>	<p>www.greenepsychologygroup.com</p>	<p>(919) 818-4284</p>	<p>info@greenepsychologygroup.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>

Greenhouse Counseling PLLC	greenhousecounseling.org	(336) 880-5247	lolasanford.counseling@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Greensboro Counseling Partners	http://www.greensborocounselingpartners.com/	(336) 291-8539	Cnettlles@greensborocounselingpartners.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
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Healing Minds Therapeutic Services PLLC	www.healingmindsnc.com	(910) 580-9346	info@healingmindsnc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Healthy Transformations Counseling PC	www.healthytransformationscounseling.com	(252) 977-0201	info@healthytransformationscounseling.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Higgins Counseling and Consulting	www.higginscounseling.co	(828) 222-0773	natalie@higginscounseling.co	Commercial Plan (PPO), State Health Plan, Adults only (18+)
High Performance Counseling	https://highperformancercounselingco.com/	(336) 937-2754	nkaufman2017@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Higher Ground Psychological Services	www.highergroundps.com	(704) 495-4435	info@highergroundps.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

Hope and Restoration pathways Christian counseling	www.harpcares.org	(919) 793-6445	lora.harpcares@yahoo.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Horizons Marriage & Family Therapy, PLLC	www.horizonsmft.com	(919) 717-4848	chelsea@horizonsmft.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
HRC Behavioral Health & Psychiatry	https://www.hrc-pa.com/	(919) 929-1227	office@hrc-pa.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program
Innate Virtue Counseling, PLLC	www.earlmartinlcsw.com	(803) 338-8580	ec.martinmsw@gmail.com	Adults only (18+)
Inner Healing Resources	innerhealingresources.com	(919) 271-4412	spintemannlpc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

<p>InnerFocus, PLLC</p>		<p>(910) 551- 5172</p>	<p>mtar@mdofficemail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>
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<p>Innovative Lifestyle Network, LLC</p>	<p>www.innovativelifestylenetwork.com</p>	<p>(704) 504- 7274</p>	<p>info@innovativelifestylenetwork.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children</p>

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Insight Owl Counseling and Wellness, PLLC	www.insight-owl.com	(828) 545-3267	christen@insight-owl.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Integral Counseling Services	https://integralcounselingservices.com	(919) 618-4919	miriam.lieberman@integralcounselingservices.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Integrative Psychiatry and Psychotherapy PLLC	Integrativepsychiatrync.com	(910) 757-0714		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

Integrative Wellness Solutions	http://www.iwscounseling.com	(704) 360-3637	brisavi@iwscounseling.com	Medicare Advantage, Adults only (18+)
Integrity Counseling & Wellness, PLLC	www.counselingintegrity.com	(919) 379-5788	admin@counselingintegrity.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children, Children only
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KBR Counseling and Services, PLLC	www.kbrcounseling.com	(252) 371- 1589	kaiboyce@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children
Kennedy Counseling & Consulting	www.kennedycounseling.org	(704) 313- 3088	venus@kennedycounseling.org	Commercial Plan (PPO)
Kintsugi Healing	https://kintsugihealingcounseling.com/	(828) 290- 5126	kati@kintsugihealingcounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Kristina Murphy Peck, PsyD, PLLC		(704) 365- 1844	dr.kristinamurphy@peck@gmail.com	Adults only (18+)
Lake Norman Family Therapy	lakenormanfamilytherapy.com	(704) 892- 9490	nfingerlcs@lakenormanfamilytherapy.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

LaKeisha Ward		(252) 227-0833	thegatheringpcc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
LakeView Psychological Services	www.lakeviewpsychological.com	(704) 896-6068		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Laura Ashford LCSW, PLLC	LauraAshfordlcsw.com	(919) 971-8732	lauraashfordlcsw@gmail.com	Commercial Plan (PPO), Adults and children
Laurelhurst Counseling Inc	https://www.psychologytoday.com/us/therapists/sarah-deese-concord-nc/311202	(704) 904-3479	sarahdeeselpc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Learning Perspectives, Incorporated	learningperspectives.com	(910) 297-9843	ejackson@learningperspectives.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Life Beyond The Shadows Counseling, PLLC		(336) 524-5623	hambrightlcs@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children
Life Learning Counseling	www.lifelearningcounseling.com	(919) 748-0771	lifelearningcounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Life Waves, PLLC	www.lifewaves.net	(828) 230-5686	peggyhustad@gmail.com	Commercial Plan (PPO), Adults only (18+)

<p>LifeCare Counseling and Coaching</p>	<p>lifecarecc.com</p>	<p>(919) 851- 1527</p>	<p>info@lifecarecc.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
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<p>LMV Counseling</p>	<p>wilmington-counseling.com</p>	<p>(910) 210-6160</p>	<p>info@wilmington-counseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>
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Lydia Kaus	www.lcktherapy.com	(919) 523-0643	lcktherapy@hushmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Lynn G. Freitas, A.C.S.W., L.C.S.W.		(704) 998-0221		Commercial Plan (PPO), State Health Plan

Magnolia Wellness Group	https://www.magwellnessgroup.com/	(910) 297-7720	brenda.knierim@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children
Mandala Counseling Services	www.mandalacounselingservices.com	(704) 999-8284	traci@mandalacounselingservices.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Marguerita Sitrin Blaker, MA, LPA	Marguerita.org	(828) 680-0466	MargueritaLPA@aol.com	State Health Plan, Federal Employee Program, Adults and children
Marilyn Grubbs, MA, LCMHC		(919) 619-5758	marilyngrubbs@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Marjorie Howe, LCSW	marjoriehowe.com	(919) 460-3020	mhowes.email@gmail.com	State Health Plan, Federal Employee Program, Adults only (18+)
Marsha Rand, PLLC	https://marsharand.net	(910) 444-1408	marsha@marsharand.net	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Mary Ann McGannon, LPC, LLC	www.maryannmcgannon.com	(803) 431-6103	mmcgannon@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Mary Ellen Solon, LCSW	www.maryellensolon.com	(828) 536-4881	maryellensolon@hushmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)

Mathews Counseling, PLLC	mathewscounseling.net	(919) 587-8018	info@mathewscounseling.net	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
McCloud Acosta Clinical Services	https://www.mccloudacostaclinicalservices.com/	(704) 286-6227	information@mccloudacostaclinicalservices.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Meegan Tiffany Counseling PLLC	www.meegantiffanycounseling.com	(980) 689-1928	meegantiffanycounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Meghan Coltrane, LCMHC	www.meghancoltrane.com	(828) 457-7197	meghancoltrane@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

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<p>Melody Mitchell, LCSW</p>	<p>melodycounselingnc.com</p>	<p>(828) 575-5980</p>	<p>melodycounselingnc@outlook.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Melody Smith Therapy</p>	<p>www.melodysmiththerapy.com</p>	<p>(919) 335-7140</p>	<p>melodysmiththerapy@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Merrienne M. Leff, LCSW</p>		<p>(336) 314-0829</p>	<p>merrienneleff2005@triad.rr.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>

Metanoia Counseling and Consulting PLLC	www.metanoiacounselors.com	(919) 887-9464	therapist@metanoiacounselors.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Michale Hartley RN MS CNS	https://www.psychologytoday.com/us/therapists/michael-hartley-psychotherapist-aberdeen-nc/320993	(910) 638-5504	michael.hartley.cns@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Michele Seeley, LPC, PLLC	www.micheleseeley.com	(336) 547-6523	mseeley@itherapymail.com	Commercial Plan (PPO), State Health Plan
Milestone Innovative Services, Inc.		(252) 792-0659	milestoneinnovativeserviceinc@yahoo.com	State Health Plan, Adults and children
Mindful Counseling and Music Therapy		(910) 769-3172	akareivalpc@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children

Mindful Healing		(704) 877-7011		Commercial Plan (PPO), State Health Plan, Adults and children
MindPath Care Centers	https://www.mindpathcare.com/referral-form/	(919) 443-4141	referrals@mindpathcare.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Mindspace Counseling, PLLC	www.mindspacecounseling.com	(704) 282-1661	lin@mindspacecounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Miracles Healing Centers	www.miraclescounselingcenters.com	(704) 664-1009	admin@miraclescounselingcenters.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

MN Counseling & Ecotherapy, PLLC	www.mn-counseling.com	(828) 507- 1739	melanie@mn-counseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Moore Ways to Success LLC	https://www.psychologytoday.com/profile/365703	(336) 391- 1601	mwtsuccess@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Morrisville Counseling and Consulting PLLC	https://heather-steele-licensed-professional.business.site/	(484) 682- 9281	heathersteelecounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Mountain Area Health Education Center, Inc.	www.mahec.net	(828) 398- 3601		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

Mountain Counseling Associates, LLC	www.mountaincounseling.com	(828) 692-7300	customerservice@mountaincounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Mountain Creative Arts Counseling	www.mountaincreativearts.com	(828) 785-4789	kgilmore@mountaincreativearts.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Mountainside Counseling and Recovery	www.mountaincounselingandrecovery.com	(828) 414-2389	cherylabravorlcswhushmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults only (18+)
Movement Counseling	Movementcounseling.com	(843) 742-4988	mpgoodman@movementcounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Moving Forward Counseling Services, PLLC		(336) 625-3888, ext. 7	erica@movingforwardnc.com	Commercial Plan (PPO), Adults and children

MTL Counseling - The Henderson Group	www.morethanleaves.com	(704) 626- 0533	THGRTL5@icloud.com	Commercial Plan (PPO), Adults only (18+)
Nadine Rosen, LPC		(704) 280- 9458	rosentherapy@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Nancy Conrad Ball Counseling & Consulting, PLLC	counseling- greensboro.com	(336) 272- 0079	ncballcounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Natasha Nunes, LPCS		(910) 520- 8902	natasha.nunes@mdoffice mail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

<p>Nazareth Child & Family Connection</p>	<p>https://www.nazcfc.org</p>	<p>(704) 636-5522</p>		<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Nehemiah Christian Counseling, P.L.L.C.</p>		<p>(252) 619-6629</p>	<p>nehemiahchristiancounseling@hotmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>New Day High Point, PLLC</p>	<p>newdayhp.com</p>	<p>(336) 884-9510</p>	<p>hello@newdayhp.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>New Freedom Counseling PLLC</p>	<p>https://www.recovernewfreedom.com/</p>	<p>(919) 909-1080</p>	<p>keanna@recovernewfreedom.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults and children</p>

<p>New Hope Center of Winston Salem, LLC</p>		<p>(910) 338- 3737</p>	<p>lforris1@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>New Leaf Behavioral Health</p>	<p>https://nlbh.org/</p>	<p>(919) 781- 8370</p>	<p>info@nlbh.org</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>New View Behavioral Health Services, PLLC</p>		<p>(910) 429- 2222</p>	<p>scurry@newviewbhs.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>
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<p>Nicole M Dixon Counseling Services</p>	<p>www.createamindfullife.com</p>	<p>(828) 610-8228</p>	<p>nicolemdixon@createamindfullife.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Nona L Patterson, Ph.D.</p>	<p>drnonapatterson.com</p>	<p>(704) 366-3400</p>	<p>drnlpatterson@mac.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>
<p>Nourish Carolina Counseling</p>	<p>www.nourishcarolinacounseling.com</p>	<p>(919) 752-3666</p>	<p>info@nourishcarolinacounseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults and children</p>

<p>Now Counseling and Consulting Services, PLLC</p>	<p>https://www.psychologytoday.com/us/therapists/glenda-vinson-nnaji-matthews-nc/282119</p>	<p>(704) 619-3490</p>	<p>nowcounseling20@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children</p>
<p>Nutritious Thoughts</p>	<p>www.nutritious-thoughts.com</p>	<p>(828) 333-0096</p>	<p>nutritiousthoughts2@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>
<p>O'Neill Counseling Services</p>		<p>(336) 701-1200</p>	<p>oneillcounselingservices@hushmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children</p>
<p>One-Eighty Counseling</p>	<p>www.one-eightycounseling.com</p>	<p>(919) 772-1990</p>	<p>info@one-eightycounseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>

<p>Open Gate Counseling Services, PLLC</p>	<p>www.opengatecounseling.com</p>	<p>(910) 408-8060</p>	<p>Bjozefowicz@opengatecounseling.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Optimumlife Counseling Services</p>	<p>https://www.facebook.com/drkmantleytherapy/</p>	<p>(336) 656-8819</p>	<p>drkmantley@itherapymail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children</p>
<p>Orndorff Psychological Services PLLC</p>	<p>www.thriveworks.com/wilmington-therapy</p>	<p>(910) 247-4818</p>	<p>wilmington.support@thriveworks.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>

Pamlico Counseling		(252) 975-2027	pamlicocouns@embarqmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Passages Counseling & Development	www.passages-counseling.com	(336) 608-8475	btorellalpc@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Path to Hope Counseling, Inc.	https://www.pathtopecounseling.com	(984) 500-2021	pathtohopec@hushmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children

Pathfinder Counseling	pathfindercounseling.org	(336) 908-4477	info@pathfindercounseling.org	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Pathways Psychology, PLLC	www.pathwayspsych.net	(336) 524-1628	info@pathwayspsych.net	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Paul Freedman, LCSW, LCASA	https://www.psychologytoday.com/us/therapists/paul-freedman-asheville-nc/297160	(828) 414-3669		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)

Peaceful Waters Counseling	peacefulwaterscounseling.com	(252) 232-8086	info@peacefulwaterscounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Peggy Haymes Counseling	https://www.haymescounseling.com	(336) 554-7428	peggy@peggyhaymes.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Perkins Counseling & Psychological Services	www.perkinscps.com	(919) 263-9592	info@perkinscps.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Piedmont Therapeutics PLLC	www.piedmonttherapeutics.com	(980) 689-0778	piedmonttherapeutics@gmail.com	Commercial Plan (PPO), Adults and children

Planted Recovery Inc.	www.plantedrecovery.com	(844) 475-2683	agnes@plantedrecovery.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Plaza Counseling	https://www.linkedin.com/in/linda-brisbin-b5aa774/	(704) 633-1900	plazacounseling@gmail.com	Commercial Plan (PPO), Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children
Positive Direction Counseling	www.positivedirectioncounseling.com	828-290-7632	pdcounselingnc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Primary Care Solutions Inc		(704) 537-1022	twood@primarycaresolutions.org	Commercial Plan (PPO)

Project Play ABA PLLC	www.projectplayaba.com	(919) 949- 6311	info@projectplayaba.com	Commercial Plan (PPO), State Health Plan, Children only
Project Yes PLLC	www.theprojectyes.com	(919) 355- 5633	therapymindfully@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Psychiatric and Psychological Associates of Durham	www.ppadurham.com	(919) 479- 1600	waverly.harrell@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults and children
Psychological Services of Charlotte	https://www.psofc.com/	(704) 503- 3535	frontdesk@psofc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Purple Lotus Counseling PLLC	www.judithdickens.com	(919) 610-5172	judith_dickens@yahoo.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Rachel L. Ford, Ed.S., LPA	www.rachelfordcounseling.com	(919) 616-4026	rachelfordcounseling@nc.rr.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Radiant Heart Therapy	www.ranajacksontherapy.com	(808) 651-2458	rana@radiantheartcounseling.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults only (18+)
Ravita T. Omabu Okafor, MSW, LCSW	www.ravitaokafor.com	(919) 266-4646	ravitaok@ravitaokafor.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

Rayfield Counseling and Consultation	Rayfieldcounseling.com	(919) 240-4103	chaserayfieldcounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Rebecca J. Lloyd, Ph.D.		(919) 449-0122		Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Reframe Counseling Services, PLLC	www.reframenc.com	(984) 225-2777	admin@reframencounselingnc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children, Children only
Regina Kelly, MSW, LCSW		(910) 261-5941	Reginacmkelly@gmail.com	Commercial Plan (PPO), Medicare Advantage, Adults and children

Rejuvenation House LLC	RejuvenationHouse.com	(919) 267-1161	Information@RejuvenationHouse.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Renewed Strength Counseling Services	www.renewed-strength.com	(919) 891-0016	admin@renewed-strength.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children
Resilient Counseling, PLLC	www.ResilientFamilies.com	(919) 868-6242	angelamcleanlmft@hotmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

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Resilient Mind Counseling	Resilientmindcounseling.com	(828) 515-1246	patrick@resilientmindcounseling.com	
Restoration Counseling Center	www.restorationcounselingclt.com	(704) 502-9397	admin@restorationcounselingclt.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Restoration Place Counseling	https://rpcounseling.org/	(336) 542-2060	tamra@rpcounseling.org	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
RHA Health Services	rhahealthservices.org	(336) 229-5905	AlamanceUrgentReferral@rhanet.org	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults and children

Richard Tedeschi, Ph.D.		(704) 342-1812	richardgtedeschi@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Roanoke Valley Psychiatric Associates, PA		(252) 537-8400		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Robert H Abramowitz PhD	RobertAbramowitzPhD.com	(704) 362-1147	drrob4425@gmail.com	State Health Plan, Federal Employee Program, Adults only (18+)
Robert Jacoby MS, NCMHCS	www.robertjacobyasheville.com	(828) 575-4335	robjacoby@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Robin Curtin LCSW	https://www.psychologytoday.com/us/therapists/robin-curtin-lcsw-durham-nc/265941	(518) 774-3374	robincurtin1@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
Robin E Dock PhD		(678) 614-3211	dr.rdock@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Robin Tovel-Toubal		(516) 424-2203	rtovellmhc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children
Robyn Roark Counseling		(828)773-9165	robynroark75@gmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

Roilene MM Williamson			roilene@protonmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Roseman's Counseling & Contracting Services, PLLC		(980) 202- 1446	rccspllc@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Rumbaugh Family Treatment Center, LLC		(910) 273- 9528	Shrinker_pcr@excite.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Ruth K. Echols, LPC, PLLC	www.ruthamoscounseling.com	(919) 244- 1885	ruth@ruthamoscounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Ryan Wishart, LMFT PLLC	www.ryanwishart.com	(704) 816-0667	ryan.wishart.lmft@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Sacrednicity	https://www.psychologytoday.com/us/therapists/colleen-m-kenny-morehead-city-nc/448475	(919) 673-5282	colleen@sacrednicity.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Sage Psychology Group	www.sagepsychologygroup.com	(919) 909-7959	tholcomb@sagepsychologygroup.com	Commercial Plan (PPO), State Health Plan, Adults and children
Sagrado Healing Arts, PLLC	sagradohealingarts.com	(704) 340-2327	drbellmore@sagradohealingarts.com	Adults only (18+)
Salem Counseling Center, PLLC	www.salemcounselingctr.com	(336) 448-3766	katherine@salemcounselingctr.com	Commercial Plan (PPO), State Health Plan, Adults and children

Salem Mental Health Associates	www.salemmentalhealthassociates.com	(336) 341-5354	salemmha@therapysecure.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults only (18+), Adults and children
Samantha Price		(616) 901-2520	sprice11@mac.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Sanctuary Counseling Center	www.sanctuaryccnc.com	(336) 303-8897	info@sanctuaryccnc.com	Commercial Plan (PPO), State Health Plan, Adults and children
Sara A. Michelson	drsaramichelson.com	(919) 937-1047	sara@drsaramichelson.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

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Sara Maybouer, PhD	www.saramaybouerphd.com	(910) 585-2167	info@saramaybouerphd.com	Adults and children
Sarah Shook, PhD, PA	www.drSarahshook.com	(919) 260-2805	sarah.shook@drsarahshook.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Schneiderman Counseling, PC	https://www.counselingwaxhaw.com/AnnaSchneidermanLCSW.en.html	(704) 769-0424	aschneiderman@hushmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children
Seaford Counseling Services	www.kristanseaford.com	(704) 207-4332	Kseaford99@gmail.com	Commercial Plan (PPO), State Health Plan, Adults and children

Serenity Springs Counseling	www.serenityspringswellness.com	(919) 753-1275	rob@serenityspringscounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children, Children only
Sharon Burkitt LPC	sharonburkitt-lpc.com	(336) 601-8146	sharonburkitt.lpc@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)
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Shawn W. Moffitt, LPC, LCAS, NCC	https://therapists.psychologytoday.com/318626	(919) 309-6569	swmcounseling@gmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

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Sheri Leider, LCSW	www.counselinginraleigh.com	(919) 609-2566	sheri@counselinginraleigh.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Sherry Horowitz, LCSW		(919) 467-2677		Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Silver Lining Therapy, PLLC	https://www.silverliningavl.com/	(828) 321-8022	info@silverliningavl.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Silverthorne Wellness Center, PLLC		(252) 515-0338	carlysilverthorne@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Skipping Stones Counseling, PLLC	skippingstonescounseling.com	(828) 398-0147	SkippingStonesCounseling@yahoo.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Solutions of Hickory, PA	www.solutionsofhky.com	(828) 328-4313	info@solutionsofhky.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Soul Care Counseling and Consulting, PLLC	Soulcareharrisburgnc.com	(704) 890-8333	stephanie@soulcarecpllc.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Soul Care, PLLC	https://www.mysoulcare.org/forms.html	(980) 613-8312	info@mysoulcare.org	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Sound Psychological Services, PA	www.soundpsychologicalservices.com	(910) 538-5334	soundpsychologicalservices@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Southeast Child & Family Guidance	southeastcfg.com	(704) 256-0305, ext. 2	info@southeastcfg.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Southern Family Medicine	www.southernfamilymedicine.org	(704) 360-8486	info@southernfamilymedicine.org	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Adults and children

Southside Counseling Center	www.erinriceipc.com	(704) 800-5134	erinrice.lpc@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Stellar Counseling Services	https://stellarcounseling-services.wordpress.com	(828) 258-3229	christygunther@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Stephanie Henry, MSW, LCSW	www.stephaniehenrylcsw.com	(919) 364-9991	stephanie@stephaniehenrylcsw.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Stephanie Henry, MSW, LCSW, PLLC	stephaniehenrylcsw.com	(919) 364-9991	stephanie@stephaniehenrylcsw.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Stephanie J. Ryder, Adult, Children and Family Counseling	stephanierydercounseling.com	(252) 715-6516	stephaniejrydercounseling@hushmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Stephanie Langston PhD PLLC	www.slangstonphd.com	(828) 200-3679	slangstonphd@gmail.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Steve Hanna Interventiond	www.hannainterventions.com	(704) 517-0613	steve@hannainterventions.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)
Stewart Canter, MAEd, LCMHC		(828) 712-5759	stewart.canter@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Stonebridge Counseling	www.sbcounseling.com	(919) 434-6398	info@sbccounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Stuart M. Cohen, PhD	www.DrStuartCohen.com	(704) 541-1700	SCohen2414@aol.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Summit Wellness Centers, PLLC	www.summitwellnesscenters.com	(828) 692-6383	lbeddingfield@summitwellnesscenters.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Sunburst Counseling, PLLC	www.sunburstcounseling.com	(828) 243-5492	kendra@sunburstcounseling.com	Commercial Plan (PPO), State Health Plan, Adults and children
SureHope Counseling & Training Center	www.surehopecounseling.com	(980) 272-8180	kelly@surehopecounseling.com	Commercial Plan (PPO), State Health Plan, Adults and children

<p>Susan A. Lansche, M.Ed, LCMHC</p>		<p>(252) 259-2999</p>	<p>slansche91@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Susan Purcell, PhD, PLLC</p>		<p>(919) 338-2865</p>	<p>dr.susan.purcell@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Swift Creek Mental Health Services</p>	<p>www.swiftcreekmhs.com</p>	<p>(919) 424-0062</p>	<p>swiftcreekmhs@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Sylva Clinical Associates</p>	<p>https://www.sylvaclinical.com/</p>	<p>(828) 586-5555</p>	<p>sylvaclinical@yahoo.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>

Tammy Song, LCSW, LCASA	TammySongTherapy.com	(252) 717-4373	Tammyhsong@hotmail.com	Commercial Plan (PPO), State Health Plan, Adults and children
Tara Ferguson PHD PC and Place of Peace Counseling Center	www.tarafergusonphd.com	(910) 444-1837	admin@placeofpeacecounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Tarboro Pediatric Psychology	tarboropediatricpsychology.com	(252) 823-6187	tpp@tarboropediatricpsychology.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Children only
Team CBT of Charlotte	www.teamcbtcharlotte.com	(980) 253-7719	office@teamcbtcharlotte.com	Commercial Plan (PPO), State Health Plan, Adults and children
The Gathering Space	https://thegatheringspaceonline.com	(919) 504-1022	mail@thegatheringspaceonline.com	State Health Plan, Adults and children

<p>The Haymount Institute</p>	<p>http://www.haymountinstitute.com/</p>	<p>(910) 860-7008</p>	<p>haymountintakedept@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+), Adults and children, Children only</p>
<p>The Hope Garden Counseling Center</p>	<p>https://www.hopegardencounseling.com/</p>	<p>(704) 561-1968</p>	<p>therapistshannonnord@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>The Mindly Group, PLLC</p>	<p>www.themindlygroup.com</p>	<p>(919) 617-9656</p>	<p>info@themindlygroup.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children</p>

The Ringer Centers Inc	ringercenter.com	(336) 379-7146	ringercenter@aol.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
The SEL Group		(336) 285-7173	contact@theselgroup.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+), Adults and children, Children only
The Virtue Place		(704) 945-7157	thevirtueplace@thevplace.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

Therapeutic Connections	Therapeuticconnectionspllc.com	(336) 310-9340	info@therapeuticconnectionspllc.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Therapeutic Partners	www.therapeuticpartners.com	(919) 233-7360	k.nelson1012@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Therapists Billing Service Inc		(828) 423-0365	david.karesh@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)

<p>Third Wave Psychotherapy, PLLC</p>	<p>https://www.3rdwavetherapy.com/</p>	<p>(919) 886-4052</p>	<p>alison@3rdwavetherapy.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Thomas Ballis</p>	<p>www.insightwellnessservices.com</p>	<p>(910) 251-2106</p>	<p>info@insightwellnessservices.com</p>	<p>Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults only (18+)</p>
<p>Thomas L Murray Jr PhD PLLC</p>	<p>drtommurray.com/online-therapy/</p>	<p>(336) 728-6066</p>	<p>info@drtommurray.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+)</p>
<p>Thrive Counseling & Consulting, PLLC</p>		<p>(910) 483-5884</p>	<p>admin@thrive-llc.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>

Thriveworks Counseling	https://thriveworks.com/charlotte-therapy/	(980) 309-2952	charlotteadmin@thriveworks.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Transformative Living, Prof. Christian Counseling	www.TransformativeLivingpccs.com	(704) 995-0055	counselor_1948@yahoo.com	State Health Plan, Adults and children
Transformative Vision				Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Trauma Therapy of the Carolinas	https://traumatherapyofthecarolinas.com/	(980) 505-7674	i_whitlock@yahoo.com	Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children

<p>Triad Counseling and Clinical Services, PLLC</p>	<p>https://www.psychologytoday.com/us/therapists/jessica-beckman-greensboro-nc/345595</p>	<p>(336) 272-8090</p>	<p>jbeckman@triadcounseling.net</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Triangle Counseling Agency</p>	<p>trianglecounselingagency.org</p>	<p>(919) 277-0253</p>	<p>info@trianglecounselingagency.org</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children, Children only</p>
<p>Triangle Spiritual Counseling</p>	<p>sheilaread.com</p>	<p>(919) 619-8110</p>	<p>sheila2read@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Trinity Family Counseling Solutions, PLLC</p>	<p>www.trinitycounselingsolutions.com</p>	<p>(336) 509-2619</p>	<p>admin@trinitycounselingsolutions.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+), Adults and children</p>

Ultra Violet Mental Health	www.uvmentalhealth.com	(704) 870-8108	lpoplin@ultravioletmentalhealth.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Unique Psychiatric Care Solutions, PLLC	www.uniquepsychiatriccaresolutions.com	(704) 996-1454		Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Valera Counseling Services, PLLC	www.valeracounselingservices.com	(336) 908-7293	valeracounselingservices@gmail.com	State Health Plan, Federal Employee Program, Adults and children
Vanessa McNeill		(910) 876-7256	mcneill230@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children

Verena Wieloch Counseling PLLC		(283) 564-899	verenawieloch@gmail.com	Commercial Plan (PPO), State Health Plan
Verna Dority, MSW, CCSW, Inc * DBA Carolina Counseling Services	CarolinaCounselingServices.com	(910) 485-6336	NewClient@CCS.hush.com	State Health Plan, Federal Employee Program, Adults only (18+), Adults and children
Vida Counseling PLLC	www.vidacounseling.org	(919) 591-0800	info@vidacounseling.org	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Vik Shukla, MD Child, Adolescent & Adult Psychiatry Services	vikshuklapsychiatry.org	(704) 868-8988	spoole42@bellsouth.net	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children

<p>Vision Counseling & Consulting</p>	<p>www.thevisiomcompany.org</p>	<p>(704) 785-5982</p>		<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Wake Forest Peace of Mind</p>	<p>WFPeaceofMind.com</p>	<p>(919) 602-5518</p>	<p>SuzanneThompsonLPC@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children</p>
<p>Wang Psychological Services PLLC</p>	<p>https://www.journeyoflifecounselingservices.com/</p>	<p>(910) 758-1799</p>	<p>wang.psychologist@gmail.com</p>	<p>Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)</p>
<p>Wells Spring Pastoral Counseling</p>		<p>(919) 689-8098</p>	<p>DoctorPatWells@gmail.com</p>	<p>State Health Plan, Adults only (18+)</p>

WellSpace Counseling & Consulting, PLLC	www.wellspacecounseling.com	(336) 686-5838	shannon@wellspacecounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)
Wellspring Inst	https://www.psychologytoday.com/us/therapists/linda-s-newman-asheville-nc/42916	(828) 225-8988	Staywell@aol.com	Commercial Plan (PPO), Medicare Advantage, Federal Employee Program, Adults only (18+)
Wendy Newcomb- Beattie	https://www.psychologytoday.com/us/therapists/wendy-newcomb-beattie-lcmhc-llc-greenville-nc/449814	(732) 330-1720	WendyNBLPC@gmail.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Whitney Gregg MS LPC PLLC	www.whinteygregg.com	(910) 212-4441	info@evolvinglife.net	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults only (18+)

Whitney Smith Christian Counseling & Consulting	whitneysmithchristiancounseling.com	(336) 756-0581	melodyslawter@whitneysmithchristiancounseling.com	Commercial Plan (PPO), State Health Plan, Adults and children
Wholelife Coaching and Psychotherapy	www.georgehardietherapy.com	(828) 367-7680	gohardie3@gmail.com	State Health Plan, Adults only (18+)
Willow Creek Counseling Associates, PLLC	www.wccounseling.com	(919) 795-6942	info@wccounseling.com	Commercial Plan (PPO), State Health Plan, Federal Employee Program, Adults and children
Wisdom Path	www.wisdompathnc.com	(828) 475-6544	wisdompathnc@gmail.com	Commercial Plan (PPO), State Health Plan, Medicare Advantage, Federal Employee Program, Adults and children
Wisteria Counseling and Consulting	wisteriacounseling.com	(704) 561-1522	heather@wisteriacounseling.com	Commercial Plan (PPO), State Health Plan, Adults only (18+)

<p>Your Best Life Awaits Counseling and Coaching, PLLC</p>	<p>www.awaitingyourbestlife.com</p>	<p>(252) 220-4140</p>	<p>cme4thrpy@awaitingyourbestlife.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults only (18+)</p>
<p>Yvetta Grier, LCSW</p>	<p>https://www.psychologytoday.com/us/therapists/yvetta-shepherd-grier-greensboro-nc/82748</p>	<p>(336) 303-2962</p>	<p>Yvetta66@triad.rr.com</p>	<p>Commercial Plan (PPO), State Health Plan, Adults and children</p>