



You're invited!

Healthy Blue + MedicareSM
(HMO D-SNP)

Thriving, Not Just Surviving: Youth Mental Health in Today's World

This forum has moved from the original date of September 27, 2023 to October 19, 2023.

Register today for the Youth Mental Health forum hosted by Blue Cross and Blue Shield of North Carolina (Blue Cross NC) and Motivo for Blue Cross NC providers on October 19, 2023.

This important event will address the critical need to engage young people in leading their mental health. By deepening the discussion on youth mental health, we can do our part to foster a culture of understanding and support for youth and young adults. Authentic conversations lead to reducing implicit bias and improving the health and wellbeing of all Americans and the communities in which we live and serve.

Please join us to hear from a diverse panel of experienced professionals and young leaders as we explore the challenges experienced by today's youth, amplify the experiences and ideas of young people, and equip attendees with practical tools and innovative approaches to create meaningful change.

Each forum will continue the exploration of ways we can reduce disparities in healthcare, demonstrate cultural humility, address, and deconstruct bias, have difficult and productive conversations, learn about valuable resources, increase inclusion, advance equity in healthcare.

Note: Motivo is an independent company providing a virtual forum for Healthy Blue + Medicare providers on behalf of Blue Cross and Blue Shield of North Carolina.

<https://www.bluecrossnc.com/providers/blue-medicare-providers/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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Thursday
October 19, 2023
3:30 to 5 p.m. Eastern time

Please register for this event by visiting this [link](#).

<https://www.bluecrossnc.com/provider-home>



BlueCross BlueShield
of North Carolina

MEDICARE