

Corporate Medical Policy

Lynch Syndrome AHS-M2004

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Description of Procedure or Service

Lynch syndrome (LS) (also known as hereditary non-polyposis colorectal cancer; HNPCC) is the most common form of hereditary colorectal (CRC) and endometrial cancers (EMC), resulting from an autosomal dominant inactivation of any of four mismatch repair (MMR) genes (*MLH1*, *MSH2*, *MSH6*, and *PMS2*) leading to microsatellite instability (MSI) (Rumilla et al., 2011) and associated with an increased risk of colorectal, endometrial, stomach, small bowel, and ovarian cancers (Hunter et al., 2015; Lynch et al., 2009; Moreira et al., 2012).

For guidance concerning Tumor Mutational Burden Testing (TMB) and/or Microsatellite instability (MSI) analysis, please refer to the AHS-M2178 Microsatellite Instability and Tumor Mutational Burden Testing policy.

Related Policies:

BRCA AHS-M2003

Familial Adenomatous Polyposis and MUTYH-Associated Polyposis AHS-M2024

Genetic Cancer Susceptibility Using Next Generation Sequencing AHS-M2066

Microsatellite Instability and Tumor Mutational Burden Testing AHS-M2178

******Note: This Medical Policy is complex and technical. For questions concerning the technical language and/or specific clinical indications for its use, please consult your physician.***

Policy

BCBSNC will provide coverage for Lynch Syndrome when it is determined to be medically necessary because the medical criteria and guidelines shown below are met.

Benefits Application

This medical policy relates only to the services or supplies described herein. Please refer to the Member's Benefit Booklet for availability of benefits. Member's benefits may vary according to benefit design; therefore member benefit language should be reviewed before applying the terms of this medical policy.

When Lynch Syndrome is covered

Consideration of both maternal and paternal family histories is necessary in the evaluation of individuals for risk of carrying a Lynch syndrome gene mutation; each lineage must be considered separately.

1. For individuals in a family with a deleterious familial Lynch Syndrome (LS) gene mutation who are at least 18 years of age and who have received genetic counseling, the following testing is considered medically necessary:
 - a) Testing is restricted to the known familial mutation.
 - b) Comprehensive genetic testing, including, multi-gene panel testing, when the

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specific familial mutation is unknown.

2. For individuals with a diagnosis of any Lynch Syndrome (LS) related cancer (See Note 1), who have received genetic counseling, multi-gene panel testing is considered medically necessary when **one** of the following conditions is met:
 - a) When the individual has a personal history of a tumor with MMR deficiency, determined by PCR, NGS, or IHC.
 - b) When the individual was diagnosed before the age of 50 years.
 - c) When the individual has another synchronous or metachronous LS-related cancer at any age.
 - d) When the individual has at least one first or second-degree relative with LS-related cancer diagnosed before the age of 50 years.
 - e) When the individual has at least two first or second-degree relatives with LS-related cancers at any age.
3. For individuals with a known family history (see Note 2) of LS-related cancer (see Note 1) who have received genetic counseling and are at least 18 years of age, multi-gene panel testing is considered medically necessary if the family mutation is unknown (i.e., family member is unavailable for testing or testing results are unavailable) **and** one of the following conditions is met:
 - a) The individual has at least one first-degree relative with LS-related cancer diagnosed before the age of 50 years.
 - b) The individual has at least one first-degree relative with LS-related cancer **and** another synchronous or metachronous LS-related cancer.
 - c) The individual has at least two first or second-degree relatives with LS-related cancer with at least one of the relatives diagnosed by the age of 50 years.
 - d) The individual has at least three first or second-degree relatives with LS-related cancers, regardless of age at diagnosis.
 - e) The individual has at least a 5% risk of having a pathogenic MMR gene variant based on predictive models (PREMM5, MMRpro, MMRpredict).

When Lynch Syndrome is not covered

For all other purposes, including, but not limited to, testing of the general population, genetic testing for susceptibility to LS related cancer is considered investigational.

Note 1: According to the NCCN, “LS-related cancers include colorectal, endometrial, gastric, ovarian, pancreas, urothelial, brain (usually glioblastoma), biliary tract, small intestinal cancers, as well as sebaceous adenomas, sebaceous carcinomas, and keratoacanthomas as seen in Muir-Torre syndrome” (NCCN, 2022).

Note 2: Close blood relatives include 1st-degree relatives (e.g., parents, siblings, and children), 2nd-degree relatives (e.g., grandparents, aunts, uncles, nieces, nephews, grandchildren, and half-siblings), and 3rd-degree relatives (great-grandparents, great-aunts, great-uncles, great-grandchildren, and first cousins), all of whom are on the same side of the family.

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Policy Guidelines

Lynch syndrome (LS) is recognized by a hereditary predisposition to colorectal, endometrial, and other cancers due to inactivation by germline mutations or epigenetic silencing in any of the four DNA mismatch repair genes- *MLH1*, *MSH2*, *MSH6*, and *PMS2*. Mutations in *MLH1* and *MSH2* are most common (90%) followed by *MSH6* (10%) and *PMS2* (6%) (Jansen et al., 2014). Mutations of the upstream *EPCAM* gene which result in silencing of the *MSH2* gene produce a phenotype very similar to LS (Ligtenberg et al., 2009). LS accounts for approximately 3% to 5% of all colorectal cancers (Yilmaz et al., 2020) and 2% to 5% of endometrial cancers (Hampel et al., 2005). In addition to colorectal and endometrial cancers, patients may present with ovarian, urinary tract, stomach, small bowel, hepatobiliary, sebaceous gland and central nervous system neoplasms (Barrow et al., 2013).

The lifetime risk of colorectal cancer (CRC) is greatly increased in LS patients, but varies significantly from 10-74% dependent on which MMR gene is inactivated (Brosens et al., 2015). The average age at CRC diagnosis in LS patients is 44 to 61 years with tumors primarily arising proximal to the splenic flexure (Giardiello et al., 2014). There is also a high rate of metachronous CRC (16% at 10 years; 41% at 20 years) in LS patients (Win et al., 2013). The histopathology of LS colorectal cancer is often poorly differentiated, with signet cell histology, abundant extracellular mucin, tumor infiltrating lymphocytes, and a lymphoid host response to tumor (Peltomäki PT, 2010). LS patients have improved survival rates compared to similar stage spontaneous CRC (Brosens et al., 2015). Lifetime risk of endometrial cancer is significantly increased to 15 – 71% of women with mutation specific variability (Giardiello et al., 2014). Increased life time risks has also been observed in urinary, ovarian, stomach, hepatobiliary, small bowel, brain, pancreatic and prostate cancers (Brosens et al., 2015).

Cancer Risks in Individuals with Lynch Syndrome Age ≤ 70 Years Compared to the General Population (Brosens et al., 2015)

Cancer Type	General Population Risk	Lynch Syndrome (<i>MLH1</i> and <i>MSH2</i> heterozygotes)	
		Risk	Mean Age of Onset
Colon	4.8%	52%-82%	44-61 years
Endometrium	2.7%	25%-60%	48-62 years
Stomach	<1%	6%-13%	56 years
Ovary	1.4%	4%-12%	42.5 years
Hepatobiliary tract	<1%	1.4%-4%	Not reported
Urinary tract	<1%	1%-4%	~55 years
Small bowel	<1%	3%-6%	49 years
Brain/central nervous system	<1%	1%-3%	~50 years
Sebaceous neoplasms	<1%	1%-9%	Not reported

Several sets of clinical criteria have been developed to identify patients with LS. In 1990, the International Collaborative Group on Hereditary Nonpolyposis Colorectal Cancer (HNPCC) established criteria (Amsterdam I Criteria) for HNPCC (Vasen et al., 1991), which were updated to be more sensitive in 1999 (Vasen et al., 1999). The Revised Bethesda Guidelines are a third set of clinicopathologic criteria

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developed in 2004 to improve identification of individuals who deserve investigation for LS; however, they state, “The goal of the Bethesda Guidelines is to identify HNPCC patients, not to identify MSI-H tumors from patients in sporadic populations that may have better prognoses or different therapeutic implications (Umar et al., 2004).”

Analytical Validity

Currently, there exist two main approaches to diagnosing Lynch syndrome. One approach leverages molecular screening of colorectal and endometrial tumor specimens for evidence of defective MMR function (MMR-D) or high-level MSI (MSI-H) to identify patients with cancer who should undergo germline testing for pathogenic MMR gene variants. The other focuses on using direct germline testing performed on patients whose family histories of cancer are suspicious for Lynch syndrome. In recent years, molecular testing has gained traction for identification of individuals with Lynch syndrome due to its robust sensitivity and specificity, testing of which can be generalized into one of four categories: polymerase chain reaction (PCR)-based MSI testing, immunohistochemical staining (or immunohistochemistry [IHC]) for the MMR proteins, *MLH1* promoter methylation analysis (or somatic *BRAF V600E* mutation analysis), and next-generation somatic (and/or germline) sequencing assays (Yurgelun & Hampel, 2018).

The specificity and sensitivity of these methods can be polemical, and thus engender questions of what tests to even employ. Stinton et al. (2021) conducted a systematic review of literature published up to August 2019 to assess the immunohistochemistry and microsatellite instability-based testing (with or without *MLH1* promoter methylation testing) for Lynch syndrome in women with endometrial cancer. Thirteen studies consisting of approximately 3500 people were examined, and the researchers determined that, after adjusting for studies with highly selective inclusion criteria, sensitivity ranged from 60.9%-83.3% for immunohistochemistry, 69.2-89.9% for microsatellite instability-based testing, and 72.4-92.3% for studies combining immunohistochemistry, microsatellite instability-based testing, and *MLH1* promoter methylation testing. According to the authors, they “found no statistically significant differences in test accuracy estimates (sensitivity, specificity) in head-to-head studies of immunohistochemistry versus microsatellite instability-based testing” and thus concluded that “sensitivity of the index tests were generally high, though most studies had much lower specificity”. However, though the authors “found no evidence that test accuracy differed between IHC and MSI based strategies”, they acknowledged that the evidence base is still quite small and at risk of bias (Stinton et al., 2021).

The complexity of Lynch syndrome likewise evokes the use of complex diagnostic algorithms, oftentimes involving multiple subsequent germline and somatic tests. The utility and efficacy of these algorithms are also points of contention, given the novelty of said algorithms. Through retrospectively reviewing a consecutive series of 702 patients with colorectal cancer and endometrial cancer undergoing paired tumor/germline analysis of the LS genes at a clinical diagnostic laboratory, Salvador et al. (2019) asserted that “Paired testing identified a cause for MMRd tumors in 76% and 61% of patients without and with prior LS germline testing, respectively”, leading the researchers to support inclusion of tumor sequencing as well as comprehensive LS germline testing in the LS testing algorithm.

Statistical models to predict risk of MMR mutations include PREMM5, MMRpredict, and MMRpro. The PREMM5 clinical prediction algorithm, available at <http://premm.dfci.harvard.edu/>, “estimates the cumulative probability of an individual carrying a germline mutation in the *MLH1*, *MSH2*, *MSH6*, *PMS2*, or *EPCAM* genes” using an individual’s personal and family history of colorectal cancer, endometrial cancer, or other LS-related cancers with the results given as a percentage of overall predicted probability of mutation in one of the four LS-related genes (DFCI, 2016). A study using the clinical and germline data from more than 18,000 individuals published in 2017 validated the use of the PREMM5 model. The report shows that for the four LS-related genes PREMM5 can distinguish “carriers from noncarriers with an AUC of 0.81 (95% CI, 0.79 to 0.82), and performance was similar in the validation cohort (AUC, 0.83; 95% CI, 0.75 to 0.92). Prediction was more difficult for *PMS2* mutations (AUC, 0.64; 95% CI, 0.60 to 0.68) than for other genes.” The authors conclude, “PREMM5 provides comprehensive risk estimation of all five LS genes and supports LS genetic testing for individuals with scores $\geq 2.5\%$ (Kastrinos et al., 2017).” Kastrinos et al. (2018) published another article the following year stating that a

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threshold of $\geq 2.5\%$ is now recommended to improve the identification of *PMS2* carriers by enhancing the model's sensitivity (a threshold of $\geq 5\%$ was previously recommended).

MMRpro, statistical model and software using family history of colorectal and endometrial cancers, is available for free download at <http://www4.utsouthwestern.edu/breasthealth/cagene/>. “The results give useful information about an individual's colon cancer risk before he or she decides to undergo invasive screenings or expensive genetic testing (Harvard, 2019).” A study released in 2015 concluded that MMRpro was comparable to the PREMM1,2,6 model in discriminating both clinic- and population-based cohorts (Kastrinos et al., 2016). Another study in 2017 investigated the use of MMRpro in predicting *MLH1* mutations since, unlike the other LS-related genes, immunohistochemistry is less sensitive as a prescreening test for these mutations. By limiting the scope of the study to *MLH1* mutations, MMRpro outperforms the PREMM1,2,6 algorithm (AUC 0.83 versus 0.68, respectively). The authors state, “Considering a threshold of 5 %, MMRpro would eliminate unnecessary germline mutation analysis in a significant proportion of cases while keeping very high sensitivity. We conclude that MMRpro is useful to correctly predict who should be screened for a germline *MLH1* gene mutation and propose an algorithm to improve the cost-effectiveness of LS diagnosis (Cabreira et al., 2017).”

Likewise, the MMRpredict algorithm, available at <http://hnpccpredict.hgu.mrc.ac.uk/>, is jointly operated by the Colon Cancer Genetics Group at the University of Edinburgh and MRC Human Genetics Unit of Edinburgh. This algorithm predicts the probability of a mutation carrier of an affected individual using criteria consisting of the age at time of diagnosis, gender, tumor location, synchronicity of tumor, and family history (MRC, 2014). A 2018 study shows that MMRpredict performs better than the PREMM5 model in identifying *PMS2* mutation carriers (AUCs 0.72 and 0.51, respectively), and the efficacy of the PREMM5 model is more dependent on the location of the tumor. Both algorithms were comparable in predicting *MLH1* and *MSH2* mutation carriers (Goverde et al., 2018). These data apparently contradict earlier findings where a previous version of the PREMM model, PREMM1,2,6, performed better than MMRpredict in predicting carriers of *MLH1*, *MSH2*, or *MSH6* gene mutations. “For clinic- and population-based cohorts, O/E [observed-to-expected ratio] deviated from 1 for MMRPredict (0.38 and 0.31, respectively) and MMRPro (0.62 and 0.36) but were more satisfactory for PREMM1,2,6 (1.0 and 0.70). MMRPro or PREMM1,2,6 predictions were clinically useful at thresholds of 5% or greater and in particular at greater than 15% (Kastrinos et al., 2016).”

Mercado et al. (2012) published a study to assess the sensitivity and specificity of PREMM1,2,6, MMRpredict, and MMRpro in 692 endometrial cancer cases (563 population-based and 129 clinic-based cases). Pathogenic mutations were identified in 3% of the population-based participants and in 62% of the clinic-based participants. “PREMM(1,2,6), MMRpredict, and MMRpro were able to distinguish mutation carriers from noncarriers (AUC of 0.77, 0.76, and 0.77, respectively), among population-based cases. All three models had lower discrimination for the clinic-based cohort, with AUCs of 0.67, 0.64, and 0.54, respectively (Mercado et al., 2012).” For PREMM1,2,6, a sensitivity of 93% and a specificity of 5% was identified in population-based participants and a sensitivity of 99% and specificity of 2% was identified in clinic-based cases. For MMRpredict, a sensitivity of 71% and a specificity of 64% was identified in population-based participants and a sensitivity of 90% and specificity of 0% was identified in clinic-based cases. For MMRpro, a sensitivity of 57% and a specificity of 85% was identified in population-based participants and a sensitivity of 95% and specificity of 10% was identified in clinic-based cases (Mercado et al., 2012). These authors state that the PREMM1,2,6, MMRpredict, and MMRpro seem to have limited utility in the determining which endometrial cancer patients would benefit from Lynch syndrome testing.

Clinical Utility and Validity

As use of clinical criteria and modeling to identify patients with LS has less than optimal sensitivity and can vary in efficacy between different ethnic populations (Lee et al., 2016), universal screening for LS (Cohen et al., 2016; Kidambi et al., 2015) has been recommended (Provenzale et al., 2016). Analysis by immunohistochemical testing for the *MLH1/MSH2/MSH6/PMS2* proteins and/or MSI testing are commonly used to screen for LS phenotypes (Syngal et al., 2015). Tumors with loss of *MLH1* should undergo analysis to exclude *BRAF* mutation or *MLH1* promoter hypermethylation according to the

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USPSTF (Giardiello et al., 2014). Moreover, patients with evidence of LS should be referred for genetic evaluation (EGAPP, 2009; Robson et al., 2015; Sepulveda et al., 2017).

Adar et al. (2018) completed a study to determine the value of screening both CRC and endometrial cancer (EMC) tumors in the same population. An immunohistochemistry (IHC) screening program evaluated all patients at two centers newly diagnosed with CRC and/or EMCs. “Genetic testing was recommended for those who had tumors with absent mutS homolog 2 (*MSH2*), *MSH6*, or postmeiotic segregation increased 2 (*PMS2*) expression and for those who had tumors with absent mutL homolog 1 (*MLH1*) expression and no v-Raf murine sarcoma viral oncogene homolog B (*BRAF*) mutation or *MLH1* promoter methylation (Adar et al., 2018).” Scores from the PREMM1,2,6 and PREMM5 prediction models were also obtained, along with traditional Amsterdam II criteria and revised Bethesda criteria. Of the 1774 total patients screened for LS (1290 with CRC and 484 with EMC), genetic testing was recommended for 169 patients. LS was diagnosed in 16 patients with CRC and 8 patients with EMC based on traditional detection methods (Amsterdam II criteria, revised Bethesda criteria, PREMM1,2,6 and PREMM5 prediction models). Of the patients genetically tested, the LS diagnosis rate was higher. Specifically, “The Amsterdam II criteria, revised Bethesda criteria, and both PREMM calculators would have missed 62.5%, 50.0%, and 12.5% of the identified patients with LS, respectively (Adar et al., 2018).” The results of this study show that risk assessment tools are likely to miss a percentage of LS diagnoses.

Laish et al. (2021) conducted a retrospective cohort study on young patients with colorectal adenomatous polyps that aimed to “evaluate the yield of germline mutational analysis in diagnosis of LS.” All patients were 45 years or younger, with at least one adenoma removal, and underwent genetic testing by a multigene panel or LS-Jewish founder mutation panel. They found that from the 92 patients that underwent both panels, “18 patients were identified with pathogenic mutations in actionable genes, including LS-associated genes in 6 (6.5%), *BRCA2* in 2 (2.5%), *GREM1* in 1 (1.2%), and low-penetrance genes – *APC* I1307K and *CHECK2*- in 9 (11.4%) patients.” Generally, routine screening for establishing LS in young patients with adenomas is not recommended due to low yield, but the researchers proposed that due to these findings, genetic screening should be offered when they fulfill the clinical guidelines for LS.

Guidelines and Recommendations

Evaluation of Genomic Applications in Practice and Prevention (EGAPP) Working Group

In 2009, the EGAPP Working Group recommended (EGAPP, 2009):

1. Offering genetic testing for Lynch Syndrome to individuals with newly diagnosed colorectal cancer to reduce morbidity and mortality in relatives. However, they do not recommend a specific testing protocol.
2. That individuals with newly diagnosed CRC should be routinely offered counseling and educational materials aimed at informing them and their relatives of the potential benefits and harms associated with genetic testing to identify Lynch Syndrome.
3. Microsatellite instability (MSI) testing or immunohistochemical (IHC) testing (with or without *BRAF* mutation testing) of the tumor tissue are examples of preliminary testing strategies that could be used to select patients for subsequent diagnostic testing. Diagnostic testing involves MMR gene mutation (and deletion/duplication) testing of the proband, usually using a blood sample. Lynch syndrome is most commonly caused by mutations in the two MMR genes *MLH1* and *MSH2*; less commonly by mutations in *MSH6* and *PMS2*.”

The EGAPP was launched by the CDC Office of Public Health Genomics in 2004. EGAPP’s website, which includes the 2009 Lynch Syndrome guidelines, states that the page is archived and is no longer being updated (EGAPP, 2016).

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National Comprehensive Cancer Network (NCCN)

Genetic/Familial High-Risk Assessment: Colorectal (NCCN, 2022)

The NCCN lists the following criteria for the evaluation of Lynch Syndrome:

- “Known LS pathogenic variant in the family
- An individual with colorectal or endometrial cancer and any of the following:
 - Diagnosed <50y
 - A synchronous or metachronous LS-related cancer regardless of age
 - 1 first-degree or second-degree relative with LS-related cancer diagnosed <50y
 - ≥ 2 first-degree or second-degree relatives with LS-related cancers regardless of age
- Family history of any of the following:
 - ≥ 1 first-degree relative with colorectal or endometrial cancer diagnosed <50y
 - ≥ 1 first-degree relative with colorectal or endometrial cancer and a synchronous or metachronous LS-related cancer regardless of age
 - ≥ 2 first-degree or second-degree relatives with LS-related cancer, including ≥ 1 diagnosed <50y
 - ≥ 3 first-degree or second-degree relatives with LS-related cancers, regardless of age
- Increased model-predicted risk for Lynch Syndrome
- An individual with a $\geq 5\%$ risk of having an *MMR* gene pathogenic variant based on predictive models (ie, MMRpro, MMRpredict)
 - Individuals with a personal history of colorectal and/or endometrial cancer with a PREMM5 score of $\geq 2.5\%$ should be considered for multi-gene panel testing.
 - For individuals without a personal history of colorectal cancer and/or endometrial cancer, some data have suggested using a PREMM5 score threshold of $\geq 2.5\%$ rather than $\geq 5\%$ to select individuals for MMR genetic testing. Based on these data, it is reasonable for testing to be done based on the $\geq 2.5\%$ score result and clinical judgment. Of note, with the lower threshold, there is an increase in sensitivity, but a decrease in specificity.”
- Personal history of a tumor with MMR deficiency determined by PCR, NGS, or IHC diagnosed at any age.

The NCCN considers LS-related cancers to “include colorectal, endometrial, gastric, ovarian, pancreas, urothelial, brain (usually glioblastoma), biliary tract, small intestinal cancers, as well as sebaceous adenomas, sebaceous carcinomas, and keratoacanthomas as seen in Muir-Torre syndrome.”

The NCCN also states the following: “The panel recommends tumor screening for MMR deficiency for all colorectal and endometrial cancers regardless of age at diagnosis. Tumor screening for CRCs for MMR deficiencies for purposes of screening of LS is not required if MGPT is chosen as the strategy for screening for LS but may still be required for CRC therapy selection. Consider tumor screening for MMR deficiency for sebaceous neoplasms as well as the following adenocarcinomas: small bowel, gastric, pancreas, biliary tract, brain, bladder, urothelial, and adrenocortical cancers regardless of age at diagnosis. Direct referral for germline testing to rule out LS may be preferred in patients with a strong family history or if diagnosed age <50y, ...MSI-H, or loss of MMR protein expression.”

In the section of the guidelines titled “Strategies for Evaluating for Lynch syndrome in Individuals Meeting Criteria for the Evaluation of Lynch Syndrome”, it is recommended that when a deleterious Lynch syndrome pathogenic variant in a family is known, “the individual should be tested for the familial pathogenic variant.” Moreover, the guidelines recommend that genetic testing should also be offered to at-risk family members.

When no Lynch syndrome pathogenic variant is present in proband or in family, individuals should first refer to the Amsterdam and Bethesda criteria. However, overall, “for individuals without a previously known Lynch syndrome the panel recommends additional evaluation for Lynch syndrome based on clinical criteria, including for individuals with no known Lynch syndrome pathogenic variant who meet the

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Amsterdam II criteria or Bethesda Guidelines, have a cancer diagnosis prior to age 50 years, or have predicted risk for Lynch syndrome >5% on one of the following prediction models: MMRpro, PREMM5, or MMRpredict.” However, due to issues of suboptimal sensitivity of clinical criteria when it comes to identifying individuals with Lynch syndrome, “the panel recommends universal screening of all CRCs, and endometrial cancers to maximize sensitivity for identifying individuals with Lynch syndrome (LS) and to simplify care processes.”

In terms of initial tumor testing methodologies, “the panel recommends using only one test [either MSI or IHC testing] initially” and only “If normal results are found and Lynch syndrome is strongly suspected” that the other test be employed. Moreover, “Where genetic testing is recommended, the panel recommends consultation with an individual with expertise in genetics, and germline testing to exclude presence of Lynch-associated mutations.”

The (NCCN, 2022) does not recommend multi-gene testing in the following situations:

1. When “there is an individual from a family with a known mutation and there is no other reason for multi-gene testing;
2. the patient’s family history is strongly suggestive of a known hereditary syndrome; and
3. the patient is diagnosed with CRC with MSI or loss of one or more DNA MMR proteins

In the above three scenarios, syndrome-specific panels may be considered.”

“Multigene testing may be considered (but may not be limited based on clinical judgment) in the following scenarios:

- A patient with a personal or family history that meets criteria for more than one hereditary cancer syndrome (eg, Lynch syndrome and BRCA-related breast and/or ovarian cancer)
- Colonic polyposis with uncertain histology
- Adenomatous polyposis (specific to APC, MUTYH, GREM1, NTHL1, POLE, and POLD1)
- Family history does not meet criteria for established testing guidelines but there is suspicion of hereditary cancer, and an appropriate panel is available
- Family history is limited or unknown, but patient has concerns about hereditary cancer
- As second-line testing when first-line testing is inconclusive ” (NCCN, 2022).

National Institute for Health and Care Excellence (NICE)

NICE, in 2017, released their guidelines concerning molecular testing for LS in people with CRC. The recommend the following (NICE, 2017):

- “Offer testing to all people with colorectal cancer, when first diagnosed, using immunohistochemistry for mismatch repair proteins or microsatellite instability testing to identify tumors with deficient DNA mismatch repair, and to guide further sequential testing for Lynch syndrome... Do not wait for the results before starting treatment.
- “If using immunohistochemistry, follow the steps in table 1.”

Step 1	Do an immunohistochemistry 4-panel test for MLH1, MSH2, MSH6 and PMS2.	
Step 2	If the MLH1 immunohistochemistry result is abnormal, use sequential BRAF V600E and MLH1 promoter hypermethylation testing to differentiate sporadic and Lynch syndrome-associated colorectal cancers. First do a BRAF V600E test.	If the MSH2, MSH6 or PMS2 immunohistochemistry results are abnormal, confirm Lynch syndrome by genetic testing of germline DNA.

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Step 3	If the BRAF V600E test is negative, do an MLH1 promoter hypermethylation test.	
Step 4	If the MLH1 promoter hypermethylation test is negative, confirm Lynch syndrome by genetic testing of germline DNA.	

- “If using microsatellite instability testing, follow the steps in table 2.”

Table 2: Steps in the microsatellite instability testing strategy (NICE, 2017)		
Step 1	Do a microsatellite instability test.	
Step 2	If the microsatellite instability test result is positive, use sequential BRAF V600E and MLH1 promoter hypermethylation testing to differentiate sporadic and Lynch syndrome-associated colorectal cancers. First do a BRAF V600E test.	
Step 3	If the BRAF V600E test is negative, do an MLH1 promoter hypermethylation test	
Step 4	If the MLH1 promoter hypermethylation test is negative, confirm Lynch syndrome by genetic testing of germline DNA.	

- “Healthcare professionals should ensure that people are informed of the possible implications of test results for both themselves and their relatives, and ensure that relevant support and information is available. Discussion of genetic testing should be done by a healthcare professional with appropriate training (NICE, 2017).”

The NICE published new recommendations dealing with testing strategies for Lynch syndrome in people with endometrial cancer in 2020 (NICE, 2020). Said recommendations are provided below:

“1.1 Offer testing for Lynch syndrome to people who are diagnosed with endometrial cancer. Use immunohistochemistry (IHC) to identify tumors with mismatch repair (MMR) deficiency:

- If IHC is abnormal with loss of MLH1, or loss of both MLH1 and PMS2 protein expression, do MLH1 promoter hypermethylation testing of tumor DNA. If MLH1 promoter hypermethylation is not detected, offer germline genetic testing to confirm Lynch syndrome.
- If IHC is abnormal with loss of MSH2, MSH6 or isolated PMS2 protein expression, offer germline genetic testing to confirm Lynch syndrome.

1.2 Healthcare professionals should inform people about the possible implications of test results for both themselves and their relatives, and give support and information. Discussion of genetic testing and obtaining consent should be done by a healthcare professional with appropriate training.

1.3 Laboratories doing IHC for MMR proteins, MLH1 promoter hypermethylation testing or germline genetic testing should take part in a recognized external quality assurance program.”

In February 2022, NICE updated one of their quality statements to recommend that adults with a new diagnosis of colorectal cancer be tested for Lynch syndrome. NICE recommends offering of cascade testing to family members in addition to testing individuals newly diagnosed with colorectal cancer. NICE suggests the following laboratory testing: “IHC for mismatch repair proteins or microsatellite instability testing, *BRAF V600E* testing and *MLH1* promoter hypermethylation testing...” According to their statement, these tests should be a part of the “standard pathology report requested by oncology,” and lab providers should “ensure that laboratory protocols are in place to provide genetic testing of germline DNA for Lynch syndrome in adults with a new diagnosis of colorectal cancer and in whom test results are suggestive of Lynch syndrome” (NICE, 2022).

American Society of Clinical Oncology (ASCO)

The American Society of Clinical Oncology (ASCO) recommends that “genetic testing only be conducted in the setting of pre- and post-test counseling”(Robson e al., 2010). In 2015, ASCO stated that “identifying

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inherited mutations in genes such as *BRCA1*, *BRCA2*, and the genes associated with Lynch syndrome allows for interventions that can significantly reduce the development of cancer and improve survival. Targeted capture assays employing NGS technology allow for testing many genes simultaneously, including genes that would not necessarily have been tested using the phenotype-directed approach, as well as genes of less clearly established clinical utility” (Robson et al., 2015). According to ASCO, multi-gene panel testing is particularly useful in situations where there are multiple high-penetrance genes associated with a specific cancer, and “one example of such a situation is Lynch syndrome, when the results of immunohistochemical analysis are not available to direct testing” (Robson et al., 2015).

U.S. Multi-Society Task Force on Colorectal Cancer

In 2014, The U.S. Multi-Society Task Force on Colorectal Cancer (Giardiello et al., 2014):

“Testing for MMR deficiency of newly diagnosed CRC should be performed. This can be done for all CRCs, or CRC diagnosed at age 70 years or younger, and in individuals older than 70 years who have a family history concerning for LS. Analysis can be done by IHC testing for the MLH1/MSH2/MSH6/PMS2 proteins and/or testing for MSI. Tumors that demonstrate loss of MLH1 should undergo BRAF testing or analysis of MLH1 promoter hypermethylation.” Also, “Individuals who have a personal history of a tumor showing evidence of MMR deficiency (without evidence of *MLH1* promoter methylation); uterine cancer diagnosed at younger than age 50 years; a known family MMR gene mutation; fulfill Amsterdam criteria or revised Bethesda guidelines; and/or have a personal risk of $\geq 5\%$ chance of LS based on prediction models should undergo genetic evaluation for LS.”

Updated 2017 guidelines from the U.S. Multi-Society Task Force give the following guideline for colorectal cancer screening and LS (Rex et al., 2017):

- “colonoscopy is recommended at 10-year intervals in average-risk persons and at 1- to 2-year intervals in those with Lynch syndrome.”

However, for specific LS related screening techniques and recommendations, the updated 2017 article states that the Giardiello et al. (2014) guidelines are still the most current.

In 2022, the U.S. Multi-Society Task Force published updated guidelines on colorectal cancer (Patel et al., 2022). One of the recommendations was that “average-risk CRC screening” start at age 45 on a qualified basis because of the increasing incidence and mortality from colorectal cancer. However, this task force update did not mention Lynch syndrome specifically.

American Society for Clinical Pathology (ASCP), College of American Pathologists (CAP), Association for Molecular Pathology (AMP), and American Society of Clinical Oncology (ASCO)

The ASCP, CAP, AMP, and ASCO) issued guidelines in 2017 stating “BRAF p.V600 mutational analysis should be performed in deficient MMR tumors with loss of MLH1 to evaluate for Lynch Syndrome risk. Presence of a BRAF mutation strongly favors a sporadic pathogenesis. The absence of BRAF mutation does not exclude risk of Lynch syndrome”. In addition, they have added the following recommendation for clinicians: “clinicians should order mismatch repair status testing in patients with colorectal cancers for the identification of patients at high risk for Lynch syndrome and/or prognostic stratification” (Sepulveda et al., 2017).

American College of Gastroenterology (ACG)

In 2015, ACG issued the following practice guidelines for the management of patients with hereditary gastrointestinal cancer syndromes (Syngal et al., 2015):

- “All newly diagnosed colorectal cancers should be evaluated for mismatch repair deficiency.

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- Analysis may be done by immunohistochemical (IHC) testing for the MLH1/MSH2/MSH6/PMS2 proteins and/or testing for microsatellite instability; tumors that demonstrate loss of MLH1 should undergo BRAF testing or analysis for MLH1 promoter hypermethylation.
- Individuals who have a personal history of a tumor showing evidence of mismatch repair deficiency (and no demonstrated BRAF mutation or hypermethylation of MLH1), a known family mutation associated with LS, or a risk of $\geq 5\%$ chance of LS based on risk prediction models should undergo genetic evaluation for LS.
- Genetic testing of patients with suspected LS should include germline mutation genetic testing for the MLH1, MSH2, MSH6, PMS2, and/or EPCAM genes or the altered gene(s) indicated by IHC testing.”

American Society of Colon and Rectal Surgeons

The American Society of Colon and Rectal Surgeons (Herzig et al., 2017) published guidelines which recommend (based on 2014 U.S. Multi-Society Task Force on Colorectal Cancer):

“Universal testing (tumor testing)

- Testing for MMR deficiency of newly diagnosed CRC should be performed
- This can be done for all CRCs or CRC diagnosed at age ≤ 70 y and in individuals >70 y who have a family history concerning for LS
- Analysis can be done by IHC testing for the MLH1/MSH2/MSH6/PMS2 proteins and/or testing for MSI
- Tumors that demonstrate loss of MLH1 should undergo BRAF testing or analysis of MLH1 promoter hypermethylation
- To facilitate surgical planning, tumor testing on suspected CRC should be performed on preoperative biopsy specimens, if possible

Traditional testing (germline testing)

- Individuals who have a personal history of a Lynch syndrome–related tumor showing evidence of MMR deficiency (without evidence of MLH1 promoter methylation)
- Personal history of uterine cancer diagnosed at age <50 y
- A known family MMR gene mutation
- Fulfill Amsterdam criteria or revised Bethesda guidelines
- Have a personal risk of $\geq 5\%$ chance of LS based on prediction models

Spanish Society of Medical Oncology (SEOM)

The SEOM published guidelines on hereditary colorectal cancer. These guidelines include the following recommendations:

- “Different screening strategies for LS of all newly diagnosed CRC and EC [endometrial cancers] can be considered including tumor tests for defective MMR function and/or high-level MSI and/or NGS tumor sequencing including *BRAF*.
- In case of lack of expression of *MLH1* and *PMS2* by immunohistochemistry, BRAFV600E mutation and/or *MLH1* promoter hypermethylation should be carried out to rule out sporadic cases.
- Patients with molecular profiles compatible with LS should be referred to GCU for appropriate counseling and NGS germline genetic testing.
- In families with fulfillment of rBC or a $\geq 2.5\%$ likelihood of LS on the PREMM5 prediction model, prevalent and/or previous CRC and/or EC should follow the same screening procedure before considering referral to GCU (evidence level B, strength 1).
- Multigene panel testing for hereditary CRC and polyposis should include the genes:
 - *APC*, *BMPRIA*, *EPCAM*, *MLH1*, *MSH2*, *MSH6*, *MUTYH*, *PMS2*, *PTEN*, *SMAD4* and *STK11* (evidence level A, strength 1).

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- *AXIN2*, *BLM*, *GREM1*, *NTHL1*, *POLD1*, *POLE* and *TP53* (evidence level B, strength 2).
- Criteria for referral to a GCU and *APC/MUTYH* or multigene panel testing (evidence level B, strength 1):
 - 1. Patients with > 10 synchronous adenomatous colonic polyps histologically confirmed.
 - 2. Family history of adenomatous colonic polyps (> 10 in > 1 relative), at young age and extracolonic manifestations.
 - 3. Gastric polyps (> 100), in body and fundus, preponderantly fundic glands polyps. Proton pump inhibitor use must be excluded.
 - 4. Consider in: hepatoblastoma, desmoid tumor, cribriform-morular variant of papillary thyroid carcinoma, multifocal or bilateral congenital hypertrophy of retinal pigmented epithelium.
 - 5. Known familial mutation in at-risk relatives (Guillen-Ponce et al., 2020)."

National Society of Genetic Counselors (NSGC) and the Collaborative Group of the Americas on Inherited Colorectal Cancer (Weissman et al., 2012)

The following guidelines were provided by the NSGC and the Collaborative Group of the Americas on Inherited Colorectal Cancer:

- "Microsatellite instability (MSI) and immunohistochemistry (IHC) tumor analyses should be performed on CRC or endometrial cancers as the first-line testing strategy for any patient being evaluated for LS (this includes individuals with CRC or endometrial cancer who meet Amsterdam I or II criteria or Bethesda guidelines).
- *MLH1* promoter methylation and *BRAF* V600E mutation testing may help to reduce the number of germline genetic tests needed when IHC reveals absence of *MLH1* and *PMS2*. However, NSGC and the CGA-ICC did not find enough data to recommend one test over the other or both concomitantly.
- IHC may occasionally yield atypical results. If IHC reveals absent *MLH1* or *MSH2* only, consider genetic testing of those genes individually. If IHC reveals loss of more than two MMR proteins, consider repeating the IHC analysis. If the results persist or if repeat testing was not performed, consider following the algorithm based on the most likely true results (i.e., if *MSH2*, *MSH6* and *MLH1* or *PMS2* are all absent, follow the loss of *MSH2/MSH6* pathway; if *MLH1*, *PMS2* and *MSH6* or *MSH2* are all absent, follow the *MLH1* and *PMS2* pathway). Further, it is worth noting that there is a mononucleotide microsatellite in *MSH6* that may cause loss of *MSH6* with another MMR germline mutation leading to aberrant IHC staining patterns
- When MSI testing is stable, but IHC shows absence of one or more MMR proteins, clinical judgment should be used to determine whether tumor studies should be repeated or germline genetic testing should be pursued
- MSI testing should include, at a minimum, the five markers included in the NCI panel
- While we recognize that some third party payers may not cover MSI and/or IHC analyses on the tumor of a patient's family member(s) (e.g., the family member is deceased), in our expert opinion, we deem testing the family member(s)' tumor is justified because: 1) LS is one of a few hereditary cancer syndromes that has a validated screening test to determine if germline genetic testing is warranted; 2) if an affected family member is living, it is likely that MSI and IHC will be covered by that relative's insurance; 3) a negative germline genetic test for all four MMR genes in an unaffected patient is uninformative; 4) the cost of direct germline genetic testing for each MMR gene ranges from \$1000 to \$1500, whereas the cost of MSI and IHC together is ~\$1000; 5) if IHC is abnormal, additional tumor tests (*BRAF* and *MLH1* promoter methylation) may help determine if germline genetic testing is necessary and if it is warranted, testing can be targeted to one or two genes limiting overall costs; and 6) normal MSI and IHC results on an affected individual would significantly lower the likelihood that LS is the

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explanation for the cancer in the family and germline genetic testing would most likely not be needed.

- Direct germline genetic testing (refers to both DNA sequencing and a technology that detects large rearrangements, insertions, deletions and duplications) may be considered on an affected or unaffected patient being evaluated for LS when MSI and IHC testing are not feasible.
 - In the event that a tumor block is not available, a family member(s) is not willing or able to participate in testing, there are financial concerns or there is insufficient tissue to do either MSI or IHC testing, when indicated (e.g., high familial risk is present such as Amsterdam criteria), direct germline genetic testing may be considered. It should be noted, however, that negative germline testing in an affected individual who has not had MMR IHC can also be uninformative because there are some individuals with unidentifiable MMR gene mutations that would be followed as having LS based on abnormal IHC (Weissman et al., 2012).”

European Society for Medical Oncology (ESMO)

The ESMO published guidelines in 2015 for familial risk-colorectal cancer. The ASCO has endorsed these guidelines, with minor modifications.

The ASCO endorsement panel has “determined that the recommendations of the ESMO guideline are clear, thorough, and based on the most relevant scientific evidence (ASCO, 2014).” The ASCO endorsed the ESMO guidelines (below) with a few minor qualifying statements (in bold):

- “Tumor **testing for DNA mismatch repair (MMR) deficiency** with immunohistochemistry for MMR proteins and/or MSI should be **assessed** in all CRC patients. As an alternate strategy, tumor testing should be carried out in individuals with CRC younger than 70 years, or those older than 70 years who fulfill any of the revised Bethesda guidelines
- If loss of MLH1/PMS2 protein expression is observed in the tumor, analysis of *BRAF* V600E mutation or analysis of methylation of the *MLH1* promoter should be carried out first to rule out a sporadic case. **If tumor is MMR deficient and somatic *BRAF* mutation is not detected or *MLH1* promoter methylation is not identified, testing for germline mutations is indicated.**
- If loss of any of the other proteins (MSH2, MSH6, PMS2) is observed, germline genetic testing should be carried out **for the genes corresponding to the absent proteins (eg, *MSH2*, *MSH6*, *EPCAM*, *PMS2*, or *MLH1*).**
- Full germline genetic testing **for Lynch syndrome** should include DNA sequencing and large rearrangement analysis
- Full germline genetic testing of *APC* should include DNA sequencing and large rearrangement analysis.
- Germline testing of *MUTYH* can be initiated by screening for the most common mutations (*G396D*, *Y179C*) in the white population followed by analysis of the entire gene in heterozygotes. Founder mutations among ethnic groups should be taken into account. **For nonwhite individuals, full sequencing of *MUTYH* should be considered** (Stoffel et al., 2015).”

In 2019, the ESMO updated their clinical practice guidelines for hereditary gastrointestinal cancers, including those for Lynch syndrome. In this set of recommendations, the ESMO maintains that tumor testing with IHC for MMR proteins and/or MSI is recommended in individuals with CRC and that if loss of *MLH1* is observed in the tumor, analysis of *BRAF* V600E mutation or analysis of the methylation of the *MLH1* promoter should be carried out first to rule out a sporadic case. They also maintained that full germline genetic testing should include DNA sequencing and large rearrangement analysis, as in the previous guidelines, but also proposed that for those with Lynch syndrome,

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- “Somatic MMR gene testing for patients with unexplained abnormal tumor screening is suggested [III, B]
- Clinical risk can be assessed using Amsterdam criteria II or the revised Bethesda guidelines
- MMR IHC and/or MSI screening, with MLH1 promotor hypermethylation analysis in cases of MLH1 expression loss, is recommended for women with endometrial cancer [III, B]
- Follow-up recommendations in mutation carriers include colonoscopy every 1–2 years [III, A], and gynecological examination (with TV US, CA 125 and endometrial biopsy) on a yearly basis from age 30 to 35 years [IV, C]. In all cases, age of onset in the youngest member of the family is to be considered and surveillance be started 5 years earlier [V, B]. High-quality colonoscopy carried out in dedicated centers is advised [IV, C]. UGI endoscopy surveillance (every 1–3 years, from age 30–35 years) may be considered in patients at high risk. Prophylactic gynecological surgery might be an option for female carriers who have completed childbearing or are postmenopausal [IV, C]” (Stjepanovic et al., 2019).

Applicable Federal Regulations

Food and Drug Administration (FDA)

On October 27, 2017 the FDA approved VENTANA MMR IHC Panel for patients diagnosed with colorectal cancer (CRC) to detect mismatch repair (MMR) proteins deficiency as an aid in the identification of probable Lynch syndrome and to detect BRAFV600E protein as an aid to differentiate between sporadic CRC and probable Lynch syndrome.

Many labs have developed specific tests that they must validate and perform in house. These laboratory-developed tests (LDTs) are regulated by the Centers for Medicare and Medicaid (CMS) as high-complexity tests under the Clinical Laboratory Improvement Amendments of 1988 (CLIA '88). As an LDT, the U. S. Food and Drug Administration has not approved or cleared this test; however, FDA clearance or approval is not currently required for clinical use.

Billing/Coding/Physician Documentation Information

This policy may apply to the following codes. Inclusion of a code in this section does not guarantee that it will be reimbursed. For further information on reimbursement guidelines, please see Administrative Policies on the Blue Cross Blue Shield of North Carolina web site at www.bcbsnc.com. They are listed in the Category Search on the Medical Policy search page.

Applicable service codes: 81297, 81298, 81299, 81300, 81301, 81317, 81318, 81319, 81403, 0238U, 96040, S0265

BCBSNC may request medical records for determination of medical necessity. When medical records are requested, letters of support and/or explanation are often useful, but are not sufficient documentation unless all specific information needed to make a medical necessity determination is included.

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Medical Director review 5/2019

Specialty Matched Consultant Advisory Panel 8/2019

Medical Director review 4/2020

Medical Director review 7/2020

Specialty Matched Consultant Advisory Panel 8/2020

Specialty Matched Consultant Advisory Panel 8/2021

Medical Director review 11/2022

Policy Implementation/Update Information

- 1/1/2019 New policy developed. BCBSNC will provide coverage for lynch syndrome when it is determined to be medically necessary and criteria are met. Medical Director review 1/1/2019. Policy noticed 1/1/2019 for effective date 4/1/2019. (lpr)
- 5/14/19 Reviewed by Avalon 1st Quarter 2019 CAB. Added related policies to Description section. Extensively revised When Covered section. Added Note 1 to Not Covered section. Extensively revised Policy Guidelines section. Coding table revised. Medical Director review 5/2019. (lpr)
- 10/1/19 Specialty Matched Consultant Advisory Panel review 8/21/2019. No change to policy statement. Deleted coding table from Billing/Coding section. (lpr)
- 5/12/20 Reviewed by Avalon 1st Quarter 2020 CAB. Medical Director review 4/2020. Updated Notes 1-3 and references. (lpr)
- 7/28/20 Reviewed by Avalon 2nd Quarter 2020 CAB. Medical Director review 7/2020. References updated. (lpr)
- 9/8/20 Specialty Matched Consultant Advisory Panel review 8/19/2020. No change to policy statement. (lpr)
- 7/1/21 Reviewed by Avalon 1st Quarter 2021 CAB. Medical Director review 4/2021. Updated “When Covered” section: wording stating “in a tissue specimen of an” was removed from statement B; removed the following statements: if no known LS mutation AND colorectal or endometrial tumor tissue is available, then tumor testing with immunohistochemistry (IHC) and/or microsatellite instability (MSI) (for an individual meeting criteria in Note 1); LS-specific testing or multi-gene testing as a universal testing strategy without IHC or MSI for individuals if no known familial LS mutation and colorectal (or endometrial) tumor tissue is available; If no known LS mutation AND sufficient colorectal or endometrial tumor tissue is not available, then LS-specific testing—MLH1, MSH2, MSH6, PMS2, and EPCAM—OR multi-gene testing that includes concurrent testing of MLH1, MSH2, MSH6, PMS2, and

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EPCAM for an individual meeting criteria in Note 2. Added the following statement C: If no known LS pathogenic variant in family, germline multi-gene testing OR tumor testing with immunohistochemistry (IHC) and/or microsatellite instability (MSI) is considered medically necessary in individuals meeting criteria in Note 1. Notes 1-2 clarified. Note 3 removed. Updated Policy Guidelines sections. Updated references. Under Billing/Coding section: added PLA code 0238U. (lpr)

- 9/7/21 Specialty Matched Consultant Advisory Panel review 8/18/2021. No change to policy statement. (lpr)
- 5/17/22 Reviewed by Avalon 1st Quarter 2022 CAB. Medical Director review 4/2022. Updated formatting in When Covered section and revised Note 1, removed Note 3. Updated policy guidelines and references. Added CPT code 0238U to Billing/Coding section. Removed AHS-M2109 from related policy section. (lpr)
- 12/13/22 Reviewed by Avalon 3rd Quarter 2022 CAB. Medical Director review 11/2022. Expanded related policies section. Updated policy guidelines and references. Deleted CPT codes 88341, 88342, 88344, 81288, 81292-81296 in Billing/Coding section. No change to policy statement. (lpr)

Medical policy is not an authorization, certification, explanation of benefits or a contract. Benefits and eligibility are determined before medical guidelines and payment guidelines are applied. Benefits are determined by the group contract and subscriber certificate that is in effect at the time services are rendered. This document is solely provided for informational purposes only and is based on research of current medical literature and review of common medical practices in the treatment and diagnosis of disease. Medical practices and knowledge are constantly changing and BCBSNC reserves the right to review and revise its medical policies periodically.