



BlueCross BlueShield  
of North Carolina

# MEDICARE

Blue Cross® and Blue Shield® of North Carolina (Blue Cross NC) | Healthy Blue + Medicare<sup>SM</sup> (HMO-POS D-SNP)

## Precertification/Prior Authorization Requirement Changes Effective December 1, 2025

Effective December 1, 2025, precertification/prior authorization requirements will change for the following code(s). The medical code(s) listed below will require precertification/prior authorization by Blue Cross NC for Healthy Blue + Medicare members. Federal and state law, as well as state contract language and Centers for Medicare & Medicaid Services guidelines, including definitions and specific contract provisions/exclusions, take precedence over these precertification rules and must be considered first when determining coverage.

**If the requirements are not met, those services may be deemed ineligible for payment.**

**Providers may appeal online through Availity Essentials or by phone by calling 833-540-2106 with additional information, which may include medical records.**

Precertification/prior authorization requirements will be added for the following code(s):

Code	Description
0440T	Ablation, percutaneous, cryoablation, includes imaging guidance; upper extremity distal/peripheral nerve
0441T	Ablation, percutaneous, cryoablation, includes imaging guidance; lower extremity distal/peripheral nerve
0442T	Ablation, percutaneous, cryoablation, includes imaging guidance; nerve plexus or other truncal nerve (such as brachial plexus, pudendal nerve)
0531U	Infectious disease (acid-fast bacteria and invasive fungi), DNA (673 organisms), next-generation sequencing, plasma

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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Healthy Blue + Medicare

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Code	Description
0535U	Perfluoroalkyl substances (PFAS) (such as perfluorooctanoic acid, perfluorooctane sulfonic acid), by liquid chromatography with tandem mass spectrometry (LC-MS/MS), plasma or serum, quantitative PFAS Testing & PFASure®FT, National Medical Services (NMS Labs), Laboratory Developed Test
0547U	Neurofilament light chain (NfL), chemiluminescent enzyme immunoassay, plasma, quantitative
0550U	Oncology (prostate), enzyme-linked immunosorbent assays (ELISA) for total prostate-specific antigen (PSA) and free PSA, serum, combined with age, previous negative prostate biopsy status, digital rectal examination findings, prostate volume, and image and data reporting of the prostate, algorithm reported as a risk score for the presence of high-grade prostate cancer ClarityDx Prostate, Protean BioDiagnostics, Protean BioDiagnostics
0551U	Tau, phosphorylated, pTau217, by single-molecule array (ultrasensitive digital protein detection), using plasma
0744T	Insertion of bioprosthetic valve, open, femoral vein, including duplex ultrasound imaging guidance, when performed, including autogenous or nonautogenous patch graft (such as polyester, ePTFE, bovine pericardium), when performed [VenoValve procedure]
A2030	Miro3D fibers, per mg
A2031	MiroDry Wound Matrix, per sq cm
A2032	Myriad Matrix, per sq cm
A2033	Myriad Morcells, 4 mg
A2034	Foundation DRS Solo, per sq cm
A2035	Corplex P or Theracor P or Allacor P, per mg
A4100	Skin substitute, FDA-cleared as a device, not otherwise specified
A4545	Supplies and accessories for external tibial nerve stimulator (such as socks, gel pads, electrodes), needed for one month
C1763	Connective tissue, nonhuman (includes synthetic)
E0736	Transcutaneous tibial nerve stimulator
L5827	Endoskeletal knee-shin system, single axis, electromechanical swing and stance phase control, with or without shock absorption and stance extension damping

Not all precertification/prior authorization requirements are listed here. Detailed precertification/prior authorization requirements are available to providers on <https://bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare> or for contracted providers by accessing <https://Availity.com>. Providers may also call **833-540-2106** for assistance with precertification/prior authorization requirements.