

Osteoporosis Management in Women Who Had a Fracture (OMW)

HEDIS[®] (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures developed and maintained by NCQA. These are used to drive improvement efforts surrounding best practices. This HEDIS measure looks at the percentage of women 67 to 85 years of age who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis in the six months after the fracture.

Record Your Efforts:

- Intake period: A 12-month (one-year) window that begins on July 1 of the year prior to the measurement year and ends on June 30 of the measurement year. The intake period is used to capture the first fracture.
- Index episodes start date (IESD): The earliest date of service for any encounter during the intake period with a diagnosis of fracture. For an outpatient, observation, or emergency department (ED) visit, the IESD is the date of service. For inpatient encounters, the IESD is the date of discharge.
- Negative diagnosis history: A period of 60 days (two months) prior to the IESD when the member had no diagnosis of fracture. For direct transfers, the first admission date should be used when determining the number of days prior to the IESD.

Exclusions:

- Members who had a BMD test during the 730 days (24 months) prior to the episode date
- Members who had a claim/encounter for osteoporosis therapy during the 365 days (12 months) prior to the episode date
- Members who received a dispensed prescription or had an active prescription to treat osteoporosis during the 365 days (12 months) prior to the episode date
- Members who use hospice or elect to use the hospice benefit any time during the measurement year
- Members who died any time during the measurement year
- Members who received palliative care any time during the intake period through the end of the measurement year
- Members who had an encounter for palliative care any time during the intake period through the end of the measurement year
- Members 67 years of age and older as of December 31 of the measurement year who meet either of the following:
 - Enrolled in an Institutional SNP (I-SNP) any time during the intake period through the end of the measurement year
 - Living long-term in an institution any time during the intake period through the end of the measurement year
- Members 67 to 80 years of age as of December 31 of the measurement year (all product lines) with frailty and advanced illness (members must meet both frailty and advanced illness criteria to be excluded)
- Members 81 years of age and older as of December 31 of the measurement year (all product lines) with at least two indications of frailty with different dates of service during the intake period through the end of the measurement year

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Helpful Tips:

- Increase communication with patients about their fracture risk.
- Encourage patients to quit smoking.
- Discuss the importance of taking medications as prescribed.
- Encourage patients to eat a nutritious diet rich in calcium and vitamin D to help maintain good bone health.
- If using an EMR system, consider electronic data sharing with your health plan to capture all coded elements. Contact your health plan contact for reimbursement information.

Note: The codes listed are informational only; this information does not guarantee reimbursement. If applicable, refer to your provider contract or health plan contact for reimbursement information. For a complete list of CPT codes, go to the American Medical Association website at ama-assn.org.

Description	Code(s)
Bone mineral density tests	CPT®: 76977, 77078, 77080, 77081, 77085, 77086 ICD10PCS: BP48ZZ1: Ultrasonography of Right Shoulder, Densitometry BP49ZZ1: Ultrasonography of Left Shoulder, Densitometry BP4GZZ1: Ultrasonography of Right Elbow, Densitometry BP4HZZ1: Ultrasonography of Left Elbow, Densitometry BP4LZZ1: Ultrasonography of Right Wrist, Densitometry BP4MZZ1: Ultrasonography of Left Wrist, Densitometry BP4NZZ1: Ultrasonography of Right Hand, Densitometry BP4PZZ1: Ultrasonography of Left Hand, Densitometry BQ00ZZ1: Plain Radiography of Right Hip, Densitometry BQ01ZZ1: Plain Radiography of Left Hip, Densitometry BQ03ZZ1: Plain Radiography of Right Femur, Densitometry BQ04ZZ1: Plain Radiography of Left Femur, Densitometry BR00ZZ1: Plain Radiography of Cervical Spine, Densitometry BR07ZZ1: Plain Radiography of Thoracic Spine, Densitometry BR09ZZ1: Plain Radiography of Lumbar Spine, Densitometry BR0GZZ1: Plain Radiography of Whole Spine, Densitometry
Long-acting osteoporosis medications	HCPCS: J0897: Injection, denosumab, 1 mg J1740: Injection, ibandronate sodium, 1 mg J3489: Injection, zoledronic acid, 1 mg
Osteoporosis medication therapy	HCPCS: J0897: Injection, denosumab, 1 mg J1740: Injection, ibandronate sodium, 1 mg J3110: Injection, teriparatide, 10 mcg J3111: Injection, romosozumab-aqqg, 1 mg J3489: Injection, zoledronic acid, 1 mg

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<https://www.bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

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