



BlueCross BlueShield
of North Carolina

MEDICARE

Blue Cross[®] and Blue Shield[®] of North Carolina (Blue Cross NC) | Healthy Blue + MedicareSM
(HMO-POS D-SNP)

Carelon Medical Benefits Management, Inc. Updates Effective July 1, 2025

Effective on July 1, 2025, *Blue Cross NC* will transition to the following Carelon Medical Benefits Management *Clinical Appropriateness Guidelines*. This article is to communicate the plan adoption of these guidelines. Existing prior authorization requirements have not changed. In the event a prior authorization requirement for these services will be implemented, a separate notice will be distributed before the addition of any prior authorization requirements.

The following guidelines have a publish date of April 1, 2025:

- Cardiovascular:
 - Ambulatory Cardiac Rhythm Monitoring
 - Electrophysiological Studies
 - Dialysis Access Evaluations
 - Vascular Embolization and Occlusion Procedures

You may access and download a copy of the current and upcoming guidelines [here](#).

Please share this notice with other members of your practice and office staff.

<https://bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC).

Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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