

Blue Cross® and Blue Shield® of North Carolina (Blue Cross NC) | Healthy Blue + Medicare<sup>SM</sup>  
(HMO-POS D-SNP)

## HEDIS Measure: Statin Use in Persons with Diabetes (SUPD) 2025



### Measure

This HEDIS® measure assesses the percentage of members with diabetes who take the most effective cholesterol lowering drugs to lower their risk of developing heart disease.

*HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).*

### Numerator

Patients 40 to 75 years who were dispensed at least two diabetes medication fills on unique dates of service and were dispensed (prescribed and filled) a statin medication during the measurement period

### Denominator (Eligible Patients)

Patients 40 to 75 years who were dispensed at least two diabetes medication fills on unique dates of service and were dispensed (prescribed and filled) a statin medication during the measurement period

### Exclusions:

- Patients who use hospice services or elect to use a hospice benefit any time during the measurement year
- Patients with a diagnosis of Polycystic Ovary Syndrome (PCOS)
- Pregnancy or lactating
- Dispensed at least one fertility medication (for example, clomiphene)
- Patients with cirrhosis or end stage renal disease
- Patients with myopathy or rhabdomyolysis
- Pre-diabetes
- Patients in hospice or using hospice services anytime during the measurement year

**Note:** Exclusions require a submitted code each calendar year.

## Closing The Gap

*CarelonRx, Inc. is an independent company providing pharmacy benefit management services on behalf of the health plan.*

<https://bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC).

Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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NCBCBS-CR-075409-24-CPN74739 April 2025

**Documentation Needed:**

- Pharmacy claims for at least one statin fill/refill of any intensity during the measurement year
- Patients turning 76 during the measurement year must have statins filled in the month prior to their birth month for gap closure

**Statin Medications**

**High Intensity Statins:**

- Amlodipine-atorvastatin 40-80 mg
- Atorvastatin 40-80 mg
- Ezetimibe-simvastatin 80 mg
- Rosuvastatin 20-40 mg
- Simvastatin 80 mg

**Moderate Intensity Statins:**

- Atorvastatin 10-20 mg
- Amlodipine-atorvastatin 10-20 mg
- Ezetimibe-simvastatin 20-40 mg
- Fluvastatin 40-80 mg
- Lovastatin 40 mg
- Pitavastatin 1-4 mg
- Pravastatin 40-80 mg
- Rosuvastatin 5-10 mg
- Simvastatin 20-40 mg

**Low Intensity Statins:**

- Ezetimibe-simvastatin 10 mg
- Fluvastatin 20 mg
- Lovastatin 10-20 mg
- Pravastatin 10-20 mg
- Simvastatin 5-10 mg

**Best Practices:**

- Educate patients on the importance of taking the medication.
- Prescribe medications on the low or no-cost medication list.
- Write prescriptions for 90- or 100-day quantities.
- Encourage members to use mail order pharmacy benefits through CarelonRx, Inc.

**Note:** This measure is closed via claims.