February 2024

Carelon Medical Benefits Management, Inc. Updates

Please note, this communication applies to Healthy Blue + MedicareSM (HMO-POS D-SNP) offered by Blue Cross and Blue Shield of North Carolina (Blue Cross NC).

The Carelon Medical Benefits Management Clinical Appropriateness Guidelines below have been updated. Existing precertification requirements have not changed.

Please share this notice with other members of your practice and office staff.

Effective for dates of service on and after April 14, 2024, the following updates will apply to the **Carelon Medical Benefits Management Clinical Appropriateness Guidelines** for medical necessity review for Blue Cross NC:

- Musculoskeletal:
 - Interventional Pain Management
 - Sacroiliac Joint Fusion
- Radiology:
 - Imaging of the Chest
 - Imaging of the Head and Neck
 - Imaging of the Brain
 - Oncologic Imaging
 - Imaging of the Abdomen and Pelvis
 - Imaging of the Heart
- Radiation Oncology:
 - Proton Beam Therapy
 - Perirectal Hydrogel Spacer for Prostate Radiotherapy
- Rehabilitation:
 - Physical, Occupational, and Speech Therapies

https://www.bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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