November 2023

## Carelon Medical Benefits Management, Inc. Updates

Please note, this communication applies to *Healthy Blue + Medicare*<sup>SM</sup> (HMO-POS D-SNP) offered by *Blue Cross and Blue Shield of North Carolina (Blue Cross NC)* 

Effective April 1, 2024, *Blue Cross NC* will transition to the following *Carelon Medical Benefits Management, Inc. Clinical Appropriateness Guidelines* for medical necessity /clinical appropriateness reviews for requested interventions:

- Cardiology Guidelines:
  - Cardiac Resynchronization Therapy
  - o Endovascular Revascularization
  - Implantable Cardioverter Defibrillators
  - Permanent Implantable Pacemakers
- Genetic Testing Guidelines:
  - Carrier Screening in the Prenatal Setting and Preimplantation Genetic Testing
  - Cell-free DNA Testing for the Management of Cancer
  - Chromosomal Microarray Analysis
  - Genetic Testing for Inherited Conditions
  - Hereditary Cancer Testing
  - Pharmacogenomic Testing
  - Polygenic Risk Scores
  - Prenatal Testing using cell-free DNA
  - Somatic Tumor Testing
  - Whole Exome Sequencing and Whole Genome Sequencing

## https://www.bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare

Blue Cross and Blue Shield of North Carolina Senior Health DBA Blue Cross and Blue Shield of North Carolina is an HMO-POS D-SNP plan with a Medicare contract and an NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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