



BlueCross BlueShield
of North Carolina

MEDICARE

Blue Cross® and Blue Shield® of North Carolina (Blue Cross NC) | Healthy Blue + MedicareSM (HMO-POS D-SNP)

Reimbursement Policy Provider Newsletter Article

New Policy

Genetic Tests: Once per Lifetime

(Policy G-23002, effective October 1, 2025)

Beginning with dates of service on or after 10/01/2025, Blue Cross NC will implement a new reimbursement policy titled *Genetic Tests: Once per Lifetime*.

This policy identifies specific genetic tests allowed once in a member's lifetime. During the member's lifetime, the germline genotype will not change. However, the interpretation of the gene sequence may change due to recategorization of variants or other factors. Repeat sequencing is not required for future interpretation of germline genotypes or re-analysis of previously sequenced data. There are rare instances where testing may be performed more than once in a lifetime.

The Related Coding section includes a *Genetic Sequencing Once per Lifetime Procedures* coding list, which describes the genetic procedures that are limited to once-per-lifetime sequencing. Reinterpretation of the original results is not separately reimbursable.

For additional information, please review the *Genetic Tests: Once per Lifetime* reimbursement policy at [Provider Website](#).

<https://bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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