

Blue Cross® and Blue Shield® of North Carolina (Blue Cross NC) | Healthy Blue + MedicareSM (HMO-POS D-SNP)

Carelon Medical Benefits Management, Inc. Updates Effective November 14, 2025

Effective on November 14, 2025, Blue Cross NC will transition to the following Carelon Medical Benefits Management Clinical Appropriateness Guidelines. This article is to communicate the plan adoption of this guideline. Existing prior authorization requirements have not changed. In the event a prior authorization requirement for these services will be implemented, a separate notice will be distributed before the addition of any prior authorization requirements.

The following guideline has a publish date of July 25, 2025:

- Cardiovascular:
 - Wearable Cardioverter Defibrillators

You may access and download a copy of the current and upcoming guidelines [here](#).

Please share this notice with other members of your practice and office staff.

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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