



BlueCross BlueShield
of North Carolina

MEDICARE

Blue Cross® and Blue Shield® of North Carolina (Blue Cross NC) | Healthy Blue + MedicareSM (HMO-POS D-SNP)

Carelon Medical Benefits Management, Inc. Updates Effective October 1, 2025

Effective on October 1, 2025, the following Carelon Medical Benefits Management, Inc. Clinical Appropriateness Guideline updates will be adopted for Blue Cross NC. This article is to communicate the plan adoption of these guidelines. Existing prior authorization requirements have not changed. In the event that a prior authorization requirement for these services is implemented, a separate notice will be distributed before the addition of any prior authorization requirements.

The following guideline updates have a publish date of September 20, 2025:

- Genetic testing:
 - Carrier Screening in the Reproductive Setting
 - Genetic Testing for Inherited Conditions

Please share this notice with other members of your practice and office staff.

You may access and download a copy of the current and upcoming guidelines [here](#).

<https://bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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