

# Pediatric Coding - “That’s not my condition”



BlueCross BlueShield of North Carolina

Examples of MEAT a PCP can use to capture the condition followed per specialty:

Specialist	Condition Managed	Example of PCP note (A&P)	MEAT Category Used
Endocrinologist	Diabetes	Type 1 diabetes unstable with average readings of 240-375. Followed by endocrinology, continue insulin pump settings, last A1C per endocrinology 10.2. Education provided on diet and exercise for Type 1 diabetes management. Per patient -will be seen next week by endocrinology.	Monitoring / Evaluating
Vascular	Infantile hemangiomas	Hemangioma noted to right cheek. Followed by vascular. Continue topical propranolol treatment. No adverse effect noted or reported to treatment. Education provided to the parents on reporting changes to site.	Monitoring / Evaluating
Cardiology	Ventricular Septal Defect	VSD-4 mm, decreased from 5. Continues to be followed by Cardiology. Education shared on signs and symptoms of heart failure and when to report these. No swelling, or SOB noted, denies sweating or fatigue when eating and SOB at home.	Monitoring / Evaluating
Dermatology	Eczema	Patient continues to receive phototherapy for eczema to bilateral hands, scalp, trunk, and back. No adverse reaction, no signs of infection to areas. Education provided on importance of maintaining moisture to skin. Patient and father report failed topical treatments including Elidel, Eucrisa, and Opzelura.	Monitoring / Evaluating / Assessed
Hematology/ Oncology	Leukemia	Patient with history of leukemia (Z85.6). Continues to see oncology every 3 months. Patient denies bone and joint pain, last CBC without evidence of anemia, no bruising or petechiae reported or noted.	Monitoring / Evaluating / Assessed
Psychiatry	Anorexia	Patient reports continued visits with psychiatrist are helping with her anorexia. Weight has increased by 2 pounds each month the last 3 months. Continue psychiatry visits.	Monitoring / Evaluating
Ophthalmology	Retinopathy of premature infants	Stage II ROP – followed by ophthalmology. Next visit in 3 months. Education provided on symptoms of retinal detachment and mother instructed on what to do if suspected.	Monitoring
Gastroenterology	Inflammatory Bowel Disease	Continues to follow GI for IBD. Denies weight loss, abdominal pain, rectal bleeding, and diarrhea x 3 months. Education provided on avoiding popcorn, raw vegetables, nuts, processed deli meat, nuts and seeds to avoid an exacerbation.	Monitoring / Evaluating
Nephrology	Pediatric Nephrotic Syndrome	Nephrology continues to follow this patient, CBC and CMP are monitored at that office. Remains on 10mg of po Prednisone without adverse effect.	Monitoring
Allergist/ Immunologist	Asthma	Mild persistent asthma managed by allergist. Patient’s mother reports PRN Albuterol inhaler used -2 times a month with effective relief. Education shared about communicating increased usage need to allergist or myself and that may indicate a maintenance inhaler is needed. Lungs clear without wheezing, no SOB noted or reported, denies cough/SOB.	Monitoring / Evaluating / Assessed

# Pediatric Coding -Personal & Family History



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Asthma History	
Asthma (childhood)	Z87.09
Allergy	
Food Allergy	Z91.01x
Insect Allergy	Z91.03x
Latex Allergy	Z91.040
Medication Allergy	Z88.x
Abuse / Neglect	
Physical Abuse	Z62.810
Neglect	Z62.812
Psychological Abuse	Z62.811
Sexual	Z62.810
Brain Injury	
Brain Injury (Traumatic)	Z87.820
Fracture	
Fracture (healed)	Z87.3xxx OR Z87.81 (traumatic)
Meningitis	
Meningitis	Z86.61

Psych	
Behavioral Disorders	Z86.59
Self Harm or Suicide Attempt	Z91.51
Self Mutilation (non-suicidal)	Z91.52
Surgical	
Cleft lip/palate	Z87.730
Congenital Malformation (corrected)	Z87.7xx

Family History of	
Asthma	Z82.5
Carrier of genetic disease	Z84.81
Chromosomal anomaly	Z82.79
Congenital malformations and deformations	Z82.79
SIDS (Sudden Infant Death Syndrome)	Z84.82
Mental and behavioral disorders	Z81.x